# **Growing Judo** March 2012





IN ORDER TO PROMOTE MORE ENTHUSIASM AND CAMARADERIE IN THE JUDO COMMUNITY Monthly publication of the Club Support Services Committee of the USJA

United States Judo Association P.O. Box 1880 Tarpon Springs, FL 34688-1880 www.usja-judo.org (877) 411-3409 FAX: 888-276-3432

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#### Please contribute your news to Growing Judo! Make sure your submissions are:

- \* CONCISE, well-written and proofread.
- \* Contain correct details (dates, contact information, etc.) and include hyperlinks to event forms.
- \* In WORD format (<u>not</u> PDF!) or in the body of the email.
- \* Send photos as separate attachments in JPG (preferred) or another standard form (GIF or bitmap OK).
- \* Your original work, or submitted with the permission of the creator.
- \* If possible, includes a few <u>quality</u>, interesting photos; be sure that you have permission to submit photos of others, ESPECIALLY minors. *Try to include ACTION shots!*
- \* Has "Growing Judo" or "GJ" in the subject line of your email.

Thanks for your support!

Joan Love, Editor, *Growing Judo* Vice-President, USJA Chair, Club Support Services/Regional Coordinators <u>judolady210@aol.com</u>

<u>EDITOR'S NOTES</u>: Our sincere thanks to the many individuals have shared their stories and photographs in this issue. Please note that they have given permission for their work to be published in USJA's *Growing Judo* <u>only</u>. *All rights are reserved*. Articles and photographs seen here may NOT be reproduced without permission.

Submissions to *Growing Judo* become the property of the magazine and may be edited and utilized at the discretion of the editorial staff.

#### The next issue of USJA's Growing Judo will be the April 2012 issue.

If you have any news and/or any planned events, please submit your information PROMPTLY: by <u>March 23rd</u> or earlier if possible.

Please understand that it may not be possible to include information submitted after that date.

# It's HERE: March-is-Visit-Another-Dojo-Month!

The following USJA clubs have waived mat fees and are inviting guests to visit during the month of March:



## California

**DeLeon Judo Club**, 150 Fairgrounds Dr., Petaluma, CA. will dedicate the **entire month of March** for **OPEN MAT Workouts**: Tuesday and Thurxday evenings, 5:30--8:30 p.m. for all ages. Contact Henry Kaku, (707) 778-8895, <u>hkaku@sbcglobal.net</u>; Web site: <u>deleonjudoclub.com</u> USJA, USJF, or USA Judo membership card required.

**Temecula Valley Judo**, 41658 lv y St. Ste 113, Murrieta, CA. **Visitors are welcome anytime**; **no mat fee for visitors during the month of March**. Children classes, Tuesdays and Thursdays 6:00-7:30 PM, Saturdays 9:30-11:00 AM. Adult Classes, Tuesdays and Thursdays 7:30-9:00 PM and Saturdays 10:00 - 11:30 AM. Call for Elite Competitors workouts and training. 951-768-1180 Contact Glenn Wakelin, <u>www.tvjudo.com</u>

**Goltz Judo,** Alexandra Hughes Community Center, 1700 Danbury Rd, Claremont, CA is **open to visitors for all classes** and even more so during March Visit Another Dojo Month! Monday & Wednesday 5:30-6:30 p.m. for children; 6:30-8:00 p.m. for teens/adults; Saturday 9:00-10:00 a.m. for kids and 10:00-11:30 a.m. for teens/adults. For more information go to <u>goltzjudo.com</u> or call 909-702-3250.

**Elsinore Judo Club**, 32235 Mission Trail, B1, Lake Elsinore, CA will be welcoming guests at **all classes in March**, Wednesday and Friday nights from 7:30pm-8:30pm. Contact Jason Bruce **951-493-7147**, <u>elsinorejudo@gmail.com</u>

#### Connecticut

Norwich Judo Dojo, 43 North Main St., Norwich, CT. No mat fees for the month of March; visitors from other dojo are welcome to come to **any class**: Teens/Adults: Monday/Wednesday 7:30-9:00 p.m. and Saturday 9:00-10:30 a.m. Children ages 7-12: Monday/Wednesday 6:30-7:30 p.m. and Saturday 10:30-11:30 a.m. (12 year-olds may stay until 8:00 p.m on Monday/Wednesday and arrive at 10:00 a.m. on Saturday). We will be changing out schedule to have one later teen/adult class on a Saturday in March, date TBA. Contact Bill Montgomery (860-917-6319) or Joan Love (860-334-3347), norwichjudodojo@aol.com; website www.norwichjudodojo.com

**Gentle Way Judo Club Inc.,** 530 Birch Street, Bristol, CT will open its doors in honor of Visit Another Dojo Month on **Wednesday, March 28th** with Judo Games for Juniors 5:00-6:30 p.m.and Open Mat for Seniors 6:30-8:00 p.m. No mat fees, but Juniors must pre-register. Contact Will Williams Info@gentlewayjudoclub.com; go to www.gentlewayjudoclub.com for directions.

#### **New York**

**Biwako Judo Club** in Pedro Campos Community Center, 611 E. 13 St. Manhattan, NY (between Ave. B & C). No visitor mat fees for classes all month, ages 13 & up on Tuesdays & Thursdays, 6:00-8:00 p.m. Contact George Pasiuk, (914-413-9944), mr1judo@optonline.net or visit www.BiwakoJudo.com

**Nassau PAL Judo**, 99 Pell Drive, Syosset, NY. **Open workout/Free scrimmage** on **March 23**; open to all Judo clubs. Scrimmage consist of participants playing in like-abilities groups and ends with a final line Kohaku event. Contact Dave Passoff 516-6502321; <u>dpassoff@hotmail.com</u>

**Bushido Kai Judo Club**, 1985 Baird Rd, Penfield, NY. Open workouts on **March 5** & **March 26**, 7:15-9:15 p.m., ages 10 and up. Contact Heiko Rommelmann (585) 766-4934 or <u>heikojr@yahoo.com</u>

**San Yama Bushi Judo Club**, 612 Main Street (2nd floor), New Rochelle, NY. All participants ages 5 and up are welcome. Contact Hector Negron/Regilio Van Eer, <u>regiliovaneer@optonline.net</u>, 914-633-1701. website: <u>San Yama Bushi Judo</u>

## Ohio

Ameri-Kan Judo, Findlay Family YMCA East, 1400 Manorhill Rd., Findlay, Ohio. **Open workouts** on **Saturdays, March 10, 17, & 31** (*no classes on March 3 & 24 due to tournaments in the area*). Open to all ages 4 & up with national membership card. Workout 9:30a.m.-12:00 noon; visitors are invited to go out for lunch afterwards. YMCA Phone: 419-422-9922. Contact Mark Hunter 419-722-3476, <u>markjudo@aol.com</u>; website <u>www.amerikanjudo.org</u>.

#### Utah

**Zenbei Judo Club**, 3341 South 275 East, Salt Lake City, Utah cordially invites all clubs and martial artists to visit us on Saturdays, 1:00-3:00 p.m. **All mat fees will be waived during the month of March**. All ages welcomed. Contact Fred Louis, 801-243-5313, <u>zenbeijudoslc@gmail.com</u>; <u>www.zenbeijudo.com</u>

Visitors should have a USJA, USJF, or USA Judo membership card and be prepared to sign a waiver for the hosting club.

## If your club or clubs near you are not listed ... it's not too late to participate!

An interclub exchange is an economical way to add some variety to your club's workouts and help your students' judo to grow!

SO--join us and make a commitment to:

- Host an open workout at your club.
- \* Arrange a joint workout with other clubs.
- \* Attend another club's open workout.

In the spirit of Mutual Benefit and Welfare, we are asking that clubs waive their usual mat fees during the month of March.

Please see the last page of this magazine for a mini-poster to print out and display at your dojo! (photo & layout courtesy of Connie Halporn)

We will be highlight dojo exchanges in *Growing Judo*, so be sure to take a few photos and send them to <u>judolady210@aol.com</u> with a brief description or caption <u>as soon as possible</u> and get your judo club featured in Judo News Around the Country!

# A WARM WELCOME to Our NEW Chartered USJA Clubs!



## February, 2012

Club Name: **Bushido Judo (Class C)** Head Instructor: **Kevin Scarbrough** Email: <u>shawnascar@msn.com</u> Location: **Goodyear, AZ 85395** Phone: **623-217-0534** 

Club Name: Vo-Sci Judo (Class Regular) Head Instructor: Jared Ejigu Email: <u>ihejigu@gmail.com</u> Location: **Alhambra, CA 91801** Phone: **909-568-5854** 

## **Congratulations to our Newly Certified USJA Coaches**

- 🖈 Paulo Fernando Augusto, Team Elite Judo Academy, San Marcos, CA
- \* Jim Bobenchik, Nokido Ju-Jitsu and Judo, North Port, FL
- \* Gene Demachi, Encino Judo Club, Oxnard, CA
- \* Craig Econopouly, Nokido Ju-Jitsu and Judo, North Port, FL
- \* Michael J. Ferguson, Trafford Judo Club LLC, Trafford, PA
- 🖈 Jonathan R. Phillips, Piqua Judo Jujitsu, Piqua, OH

Special thanks to these new Life Members for their commitment to the USJA

- \* Ben Christensen, Rough Rider Judo Club, Dickinson, ND
- \star Patrick Lynch, Bushido Judo Club, Wenatchee, WA

We would like to express our sincere appreciation to the following individuals for their generous support of the United States Judo Association:

- ★ Andrew Connelly, School of Hard Knocks Judo Club, Spring, TX
- \* James Harrison, Toshi Dojo, Simpsonville, KY
- ★ John Oglesby, Stallion Springs P.A.L. Judo Club, Tehachapi, CA
- ★ Gerald Tambe, Goltz Judo, Upland, CA

## DEVELOPING TALENT IN YOUNG PEOPLE REVISITED by Mark Lonsdale

Many sports benefit from modern developments in sports science, but high-performance judo is one sport that benefits more from hard work and well-structured training than from science or computer modeling. But one area where research and study has been of value is in gaining a better appreciation for long-term athlete development (LTAD) and the interrelated training requirements. Understanding how athletes develop at various ages helps us to develop coaching methods and training programs which are **athlete-centered** rather than sports-centered.

Dr. Benjamin Bloom's research and book, *Developing Talent in Young People* (1985), has been a valuable resource on this topic. It is also a book that can be found in the libraries of many coaches and is used by the US Olympic Committee. So for the club-level judo instructor or coach who may not be familiar with this work, it is worth revisiting a few of the relevant findings.

Bloom's work was based on interviews with 120 highly accomplished young people, including musicians, Olympic swimmers and world-class tennis players. Interviews were also conducted with their parents and teachers so as to gain a better understanding of their influences.

Of the individuals interviewed, the ones who "made it" were not necessarily the most talented, or possessed natural ability, but were those that demonstrated *persistence, competitiveness, eagerness, and a love of the sport (or activity)*. The study group also stated that they benefited from **dedicated teachers**, for whom they felt *love, admiration* and *respect*.

One of the notable findings was that the majority had become involved in the particular activity before the age of 12 years, and that they had been encouraged by one or both parents. Many had also received one-on-one individualized instruction or training.

From this, Bloom noted a number of deficiencies in group instruction as it relates to a structured school setting. When at school, the students' lives are governed by a timetable and "assembly line" form of education and learning that does not allow the individual time to delve deeply into any one subject or activity.

Bloom also identified three development phases: early years, middle years, late years – all of which reinforces the argument in performance sports for coaching to be individualized, age-appropriate, and athlete-driven. Prior to Bloom, another educational researcher, Alfred North Whitehead (1929), described three similar phases of developmental that were also influenced by age. These were:

- 1. Romance
- 2. Precision
- 3. Integration

The **Romance** phase is where the child is drawn into an activity or sport and is able to play, explore, and **have fun**. It is in these early formative years that the child will develop a **love of the sport** that may carry him or her through their entire lives.

The **Precision** phase is the systematic learning, coaching, and mastering of technical skills. It is in this phase that young athletes move from "playing" a sport to being serious "players" and competitors.



Sterling helps two new students at Stallion Springs PAL Judo

The **Integration** phase is the continued study with a master or coach, and long hours of daily practice and training. The athlete learns to translate training and technical skills into improved personal performance.

This discussion leads us back to the term "age-appropriate," which is often used when discussing modern judo training. Some believe that this simply means more fun and games for very young judoka; and they are partly correct. There is no argument that if a judo instructor can help develop a love of the *sport* with juniors at the club level, they may stay with judo, or continue returning to it throughout their lives. While all too many students seem to drop out in their teens and college years, many also return to the dojo as adults. However, it is the dedicated systematic training (precision phase) throughout the mid- and late-teen years that is a critical phase in the development of national and world class athletes.

Expanding on this as it relates to judo, we may discover talent in a 13 or 14 year old, but it is from

16 to 19 years that we are developing and building the future national champions. There is a level of strength and toughness required for judo that only comes with maturity, but for the instructor or coach, the challenge is maintaining an interest in the sport through these difficult teenage years.

So to be effective, even at the grassroots level, coaching should be **athlete-centered** rather than sport-centered. This necessitates that the development of coaches should be linked directly to the athlete's age, maturity & abilities. Taking this into consideration, it would be logical that the training and certification of coaches should be both agebased and performance-based. A coach should be educated in the training requirements specific to children (5 to 12 years); teens and young adults (13 to 19 years); seniors and Masters, both male and female. Similarly, he or she should be trained and certified to coach at various levels of sports performance from novice and recreational through high performance and elite athlete development. The coach is then able to deliver an appropriate level of



training in an individualized, age-appropriate manner.

Based on personal experience, a dedicated young judoka who is enjoying judo and winning at the local level by age 13 could be winning at the junior nationals by 15 or 16. With the right coaching and the support of his or her family, that same judoka should be gaining international experience by 18 and a serious senior competitor by their early twenties. But unlike other activities that require only fitness or skill, judo also requires a level of mental and physical toughness that only comes with age and experience.

One of the traits that separate dedicated judoka from other athletes is the ability to take a pounding on the mat one day and still turn up for training the next. Anyone who has trained with the Japanese or French national teams will appreciate what it takes to turn up day after day knowing that the training will be brutal, and the only science that will help is a bottle of Advil and several rolls of tape.

## CONCLUSION

- Coaches should be able to identify the transition point where a young judoka is ready to move from "playing judo" to becoming a serious "judo player," – keeping in mind that not all judoka aspire to be serious competitors. At the club level the instructor will find that the majority of members (~85-90%) will be recreational judoka who are perfectly happy playing judo well into their retirement years.
- 2. If we expect children and teens to maintain an interest in judo, they must develop a **love of the sport** at an early age. Moving too quickly into rigorous training for competition (*shiai*) before they have matured, may turn them off judo for life. This maturation occurs at about 13 to 17 years of age, depending on the individual. In the early teens, young people begin making their own decisions as to what they want to do, and not just what their parents or teachers are pushing them to do.
- 3. As young athletes "graduate" from the *romance phase*, they will need continued encouragement, coaching and support to get them through the more demanding *systematic phase* of performance development training. They will also need financial support from their parents for travel to training camps and competitions.
- 4. As athletes age, their love of the sport should be demonstrated by an equal love of teaching juniors and helping to develop the next generation of players and champions. Former champions should feel both an obligation and a passion for passing on their hard-earned

\* From Amazon: B.S. Bloom's *Developing Talent in Young People* (1985) is a great book and suitable for anyone working with children. Similar in nature, but preceding Stephen Covey's work in 7 *Habits of Highly Effective People*, this book looks at common traits among talented young people across a multitude of disciplines. The USOC uses this work as a core fundamental in how coaches should work with kids.

Mark Lonsdale is an active judo instructor, USJA &USJF certified coach, a former international judo competitor, and has trained extensively with the renowned Racing Club de France. Mark can be contacted at <u>Judo93561@aol.com</u>.



## Tiny Tots Judo: Small People, Big Judo by Tony Farah

When my 2 children and I began judo about 12 years ago, our club (like most) started enrollment for kids at age 6. I asked why clubs do not enroll kids at younger ages, and I heard all the reasons: judo is too technical, it is physically demanding, it could be dangerous for young kids.

I did not buy into that, so about 5 years ago, I approached our head instructor Gary Goltz with the idea to teach judo to kids as young as 3 years old. Anyone who knows Sensei Goltz knows that he would not stop at anything to promote judo. His instructions to me were simple "create a program that will instill the love of judo in these kids so



much that parents will use judo to reward good behavior or as a privilege that can be taken away as a reprimand."

The program has been a great success! Today we average 40 kids per session from ages 3 to 6.

The recipe for a successful Tiny Tots Judo Program is simple:

**Make sure the program is fun.** This starts with the instructors and assistants that enjoy being around little kids, have lots of patience, are able to communicate at their level, and build a good rapport while maintaining authority. My choice for a second instructor was my daughter Ashton. She started teaching with me at the age of 18. Kids and parents love her. She is also an inspiration to little girls who want to achieve a black belt someday.

**Use games for warm-ups, and drills.** We start our warm ups with imitating animals: duck walk, small rabbit hops, big frog leaps, monkey walks, alligator walks, etc. Each designed to strengthen a core muscle. Be warned: Use the correct animal name/walk combination or get ready to be rebuked by these little kids as they each demonstrate what the walk should look like. Throw in a little activity where they get to yell and scream "KIAI" as loud as they can. It is always a good excitement builder. For instance if you want to teach "The Guard", play Sharks and Penguins. To teach "Turn Overs," play bull dogs. To emphasize moving around with a partner and controlling him, play "Dodge Ball" or "Snakes Pit." There are lots of resources for games, be creative and don't be hesitant to experiment.

**Simplify instructions.** Avoid walking around the mat with thumbs stuck in your belt, shouting orders and instructions. Do not be too technical. Forget lectures on Kuzushi and Tai Sabaki and Tsukuri; instead, explain falls, throws, holds, and principles with terminology a 3 year old will understand. Ultimately the kids learn by discovering what works and being corrected while trying rather than by following the instructions or even demonstrations.

For example, to teach o-goshi we tell the class to "grab your partner with the judo grip. Pull your partner up on his toes like a ballerina. Give your partner a big hug around the waist and say *Moo* like a cow. Turn and look where you partner is looking. Bow to throw your partner and hold their arm while they take a breakfall."

After explaining and showing a throw, I like the kids to do the throw with the instructors and assistants. That allows one-on-one instruction and the opportunity to add details as needed. After couple of classes practicing the throw the kids will then start trying it on each other.

**Establish familiar, comfortable routines.** Changing exercises and expectations too often can cause the kids to get confused and frustrated. On the other hand, seeing incremental improvements in performing exercises can encourage and motivate the kids. Remember that each child has a different level of athleticism and coordination and learns at his/her own pace. Make sure not to compare their performances. Instead, track each one individually and be sure to mention any progress they make. I can't count the number of times kids shouted my name, and with the biggest smile of pride on their faces to show me how they can now do something that they were struggling with previously.

**Competition is an integral part of judo.** During my relatively short time in Judo, I've heard the competition argument over and over again. Clubs are labeled as *competitive* or *recreational*. I do not intend to delve into this debate, but I've come to believe that the competitive or recreational aspect of Judo is not determined by the club as much as by the judoka. Offering young kids the opportunity to experience competition is critical to their loving and appreciating the sport.



After each 3-month session we hold a Tiny Tots tournament. The event is optional and free, and over 90% participate. Parents, grandparents, siblings, aunts, uncles, neighbors are invited. The atmosphere is incredible and it is always a surprise to the instructors and parents to see how much these kids learned. Keeping the pools to a maximum of 3-4 players ensures that everyone receives a 1st, 2nd or 3rd place award. The intent is to recognize the courage to participate while encouraging them to do their best.

Awards do not have to be fancy and expensive. You can find nice picture frames at your local 99¢ store, print your own certificates and place them in the frames. Unlike most common beliefs, I never had a single student drop out of the program because of competition. On the contrary, several parents have informed me that their kid was about to quit judo until they participated in the tournament. The atmosphere and excitement of the competition is what got their kid hooked.

## Success Stories

In the February issue of Growing Judo, Mark Lonsdale wrote a great article regarding Recruitment and Retention Practices. To this end, the Tiny Tots program has become a farm team for our regular judo classes. Several of the kids who started in Tiny Tots have continued on to our Junior Judo Program. As per the mission of the Tiny Tots Program, these kids have the love of judo in them. Most of these kids compete on a regular basis, and despite their still young age (7-9 years old now) they are a great example to others and always come back to Tiny Tots help out. It's *Jita Kyoei* in action.

Parents have seen firsthand the effects of discipline and the confidence that judo instills in their little ones. Another by-product of Tiny Tots program is the enrollment of older siblings in our Junior Judo Program. Once they see their younger siblings enjoying a good judo practice, they cannot sit still. Many of them start doing the exercises on the side as the class goes on and soon enough they ask their parents to enroll them too.

In addition, since most of the Tiny Tots class parents are in their mid-20 to early 30's, they are still a good age to start in judo. After watching for a session or two, the judo bug often bites them as it did me when my teenagers started judo. Several of these parents have joined our Teen/Adult Judo Program. Some have stuck with it, even achieving black belt ranks and becoming great contributors to the club. Other parents have become club supporters who consistently volunteer to assist at tournaments and other activities.

An offshoot of our Tiny Tots Judo Program is our Kid Safe Seminars, where we teach safety tips, awareness, and avoidance. These regular two-hour seminars satisfy the requirements for the Safety Award in Girl Scouts, Brownies, and Daisies, and attract a dozen or so children and their parents. They are another great opportunity to generate interest in our judo programs; following

our most recent seminar we gained five new judo students!

## Free Marketing and PR

Our Tiny Tots Judo Program has generated lots of PR for our club and judo in general. The program recently made the cover of the *City of Claremont Recreation & Activities Guide*, which is distributed to thousands of homes in the local area.

In February, the Mayor, Chief of Police, Senior Managers from City of Claremont, and a reporter and photographer from our local newspaper were invited to our Tiny Tots Tournament. During the opening ceremonies our club received a Certificate of Appreciation signed by the Mayor and the entire City Council. Many of the parents and kids interviewed gave the reporter positive testimonials for an article to be published just in time for our Spring Session.

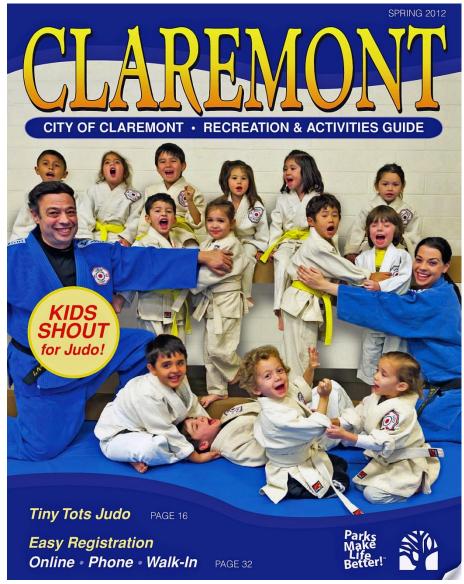


photo credit: Will Funk

## <u>About the Author</u>

Tony Farah is a Sandan at Goltz Judo in Claremont, CA. He never won any national or international tournament. He does not hold any fancy titles. He is a dad, who got hooked on Judo 10 years ago (thanks to his two children, Matthew and Ashton) and does whatever he can to promote grassroots Judo. You can contact him at <u>tony@farahfamily.com</u>

## Start planning for Summer Judo Camps!

Summer is a great time to spend a little extra time on your judo training. Whatever your schedule, location or age, there are some great judo camps to choose from. Here are four great programs that you may want to attend.

## North Carolina: Thursday June 21 - Saturday, June 23: THE GREATEST CAMP ON EARTH Next Level Center, 4317 Stevens Mill Road, Matthews, NC 28104

This June marks the 21<sup>st</sup> year of North America's largest martial arts training camp. After starting in Virginia in 1992, The Greatest Camp has called Matthews, North Carolina home for more than a decade.

Typically we have well over 300 campers, about half of which are juniors. About 2/3 of our more than 120 sessions will focus on various aspects of contest Judo. Other sessions will teach various kata; Sambo;



traditional Jujutsu; Brazilian Jiu Jitsu; kendo; kenjutsu; cane-fighting; stick fighting; kappo; knife defenses; referee training; coach certification training; Aikido; karate; kyudo (Japanese archery);



yawara; police tactics; dealing with multiple attacks; conditioning methods; and promotional examinations.

The Greatest Camp welcomes campers from all regions of the United States, Europe, and other continents as well. Many, perhaps most, of our campers return year after to continue training and to renew friendships that are likely to be lifelong. Newcomers are made welcome and almost always return in following years.

Growing Judo, March 2012

Instructors include Olympians and national champions from various countries; coaches of national teams; and others of similar standing. This year, Kodokan Cup champion Shinjiro Sasaki and our most requested instructor Nick Lowe will be our featured Judo instructors. World Masters champion Igor Yakimov, a perennial favorite, is returning to teach Sambo for his eighth consecutive year.

Shinjiro Sasaki was a star player on the famous Ryotokuji Japanese professional Judo team. He is a former Japanese National Champion (Kodokan Cup 2005), and the 2007 Pacific Rim Champion. In the spring of 2011, Shinjiro Sasaki came to the United States, where he opened the Sasaki Judo Club in Riverview, Florida. Since then he has trained members of the U.S. Cadet World's Team, the U.S. infantile Pan-American Games Team, and the U.S. Harnes, France International Team. Sasaki Sensei brings to his teaching the same fire and passion for Judo that he brings to the mat as a competitor. He is a student of educational theory, and a firm believer in individual instruction.

Sensei Sasaki continues his status as a professional Judoka (full time Judo), and he studies, teaches, and holds training events year round. His competition credentials include:

- 2007 Pacific Rim International Judo Tournament GOLD
- 2006 Syria International Judo Tournament GOLD
- 2005 Kodokan Cup All Japan Judo National Tournament - GOLD
- 2001 All Japan University Tournament GOLD
- 2001 2011 Numerous International Medals from around the globe

For registration forms and all pertinent information visit <u>www.greatestcamp.com</u> today! If you have questions, please email <u>greatestcamp@greatestcamp.com</u>.







## California: Sunday, July 15 - Friday, July 20 CAMP BUSHIDO WEST JUDO & JUJITSU TRAINING CAMP Old Oak Ranch, Sonora, California

Camp Bushido offers judo and jujitsu practitioners an opportunity to train in multiple classes daily.

The camp features a core of top level regular instructors, "Featured Guest Instructors" who are known national or international



competitors and/or high ranking judoka or jujitsuka who have studied in Japan, and of course Professor Charlie Robinson. Many of these featured guest instructors return year-after-year, once they have discovered the magical nature of Camp Bushido. Their added presence weaves an incredible experience for every level of training.



Currently located at Old Oak Ranch in the mountains above Sonora, California, the Hilltop Lodge offers clean and modern air-conditioned rooms and dojos, our own private swimming pool, three nutritious meals brought to us in an open-air dining hall, our own snack bar, and an "always open" coffee bar.

Camp offer opportunities for belt rank promotions and recommendations, along with kata and coaching certifications, supervised by Professor Charlie Robinson, Founder and Camp Director Emeritus, along with other highly qualified instructors.

Family members who are not martial artists can enjoy the spectacular surroundings: hiking trails, streams with brook trout, and close proximity to quaint towns and villages, and the majestic beauty of Yosemite National Park, the Sierra Mountains, and more.

Please download the "Registration Form" and mail it in with a \$75 deposit by the June 15th, 2012 deadline for "Early Registration" (see "Brochure") and you will be assured the best rate, a spot in the lodge, a camp group photo, and an official Camp Bushido T-Shirt.

For any questions any further details please contact

Sensei Joa Schwinn at '707-523-3200' or Sensei Hans Ingebretsen at '408-377-1787' Visit <u>www.campbushido.com</u> or contact us via email: <u>info@campbushido.com</u> Send written requests to: Camp Bushido, 3168 Condo Court, #B, Santa Rosa, CA 95403



Growing Judo, March 2012

## <u>Ohio: Thursday, July 26 - Sunday, July 29</u> "RISE OF THE PHOENIX" MARTIAL ARTS CAMP Bluffton University, Bluffton, Ohio

### Why you should you attend the "Rise of the Phoenix" Martial Arts Camp:

Ohio used to have a summer camp called "Spirit of the Eagle," but it has not been held for the 3 years. I attended the "Greatest Camp on Earth" in North Carolina in 2010 and 2011 and had a wonderful time. It made me realize how much I missed the camp in Ohio and how much Ohio needed a Camp not only for Judo but all Martial Artists. So, the "Rise of the Phoenix" was born.

We will be using the same format as the "Greatest Camp on Earth" but, we will be offering different courses; everyone would benefit from attending both Camps.



The "Rise of the Phoenix" camp will be held at the Bluffton

University. Lodging will be provided on campus in dorm rooms, 2 campers per room; a nearby Comfort Inn is available for those who wish to stay off Campus. Meals will be served on campus. The camp fee of only \$275.00 includes lodging, meals , and up to 10 hours of training each day.

#### Here is a partial list of courses we will be offering:

WRESTLING - BOXING -JU JITSU - SAMBO -KENJUTSU - KANO JU JITSU - MMA - BJJ - SELF DEFENSE - AIKIDO - TAE KWON DO - KARATE - AND OF COURSE JUDO.

#### Scheduled instructors include:

Nick Lowe - Edwin Takemori - Igor Yakimov - Chris Herzog - Dustin Ware - Mark Tripp - Ryan Reser - Hedi Moore- Harley Sweede Wallen - Dom O'Grady - Ed Shirey - Paul Turse - Darrin Stokes - Nagayasu Ogasawara - Jeff Guinta - Heiko Rommelmann - Frances Glaze - Gary Monto - Vickie Daniels - Frank Herzog

For more information contact: Mark Hunter - 419-722-3476 or <u>markjudo@aol.com</u> Visit our Camp Web Site at <u>www.macamp.org</u> or look us up on Facebook



Growing Judo, March 2012

## <u>New York: Sunday, August 12 - Saturday, August 18:</u> YMCA INTERNATIONAL JUDO CAMP, 300 Big Pond Rd, Huguenot, NY

#### Judo for EVERYONE!

You and your judoka friends are invited to join us for the 40<sup>th</sup> year of the YMCA International Judo Camp. Whether you are a serious competitor who wants a week of challenging judo workouts, drills, and randori; a junior student of any level looking to improve your judo and have a great camp experience; a sensei seeking to broaden your own knowledge or a veteran participant wishing to reconnect with friends, you won't want to miss this year's camp!







Founded by **George Harris** and **George Pasiuk**, the camp is located in a beautiful lakeside setting, with modern facilities, great food, and all the amenities of a full service camp; activities for young campers like water sports, rock wall climbing, crafts and horseback riding; and a "Kool Zone" where teens can socialize and relax after evening randori.

The judo hall will have over 7,500 sq. ft. of mat area (6 competition areas of high-quality Zebra tatami and Swain flexi-roll mats,) allowing us to work with several individualizes groups at a time, and huge randori sessions.

We have some of the finest coaching education and referee certification programs anywhere. With daily reinforcement and working with active competitors and students you will greatly improve your skills in these areas. We also have an extensive kata program, where you can choose from several kata to learn from world-class instructors. There is instruction in Tai Chi, Self-defense, and a Competitors workshop, in addition to great judo instruction from a host of national and international level instructors.

Growing Judo, March 2012

## International Judo Camp Staff

All instructors, counselors and support staff are carefully selected and trained, and are required to



meet the highest screening standards set by the YMCA to insure the safety and proper care of young campers at all times. They support the "Key Principles" of the YMCA, which focus "on what is important; the safety of your child, teaching them new skills, and helping them build new friendships."

**Clyde Worthen**, 6th dan (*National Champion and Pan American Gold Medalist*) will serve as camp Co-Director for the 2nd year.

This year's guest instructor is **Liliko Ogasawara**, 5th dan (two-time World Medalist, British Open Gold Medalist and 7-time National Champion).





Last year's very popular featured instructor, **Leonardo Victoria**, 2nd dan, *(6-time Colombian National Champion and Pan American Medalist)* will also be returning to camp this year.

The team of outstanding regular instructors also includes:

- Jim Bregman, 9th dan, Olympic Bronze Medalist
- Sid Kelly, 8th dan, World Masters Champion
- Bonnie Korte, 8th dan, British Open Gold Medalist
- Noriyasu Kudo, 8th dan
- David Kiang, 6th dan, Kodokan Certified Kata Instructor
- Heiko Rommelmann, 5th dan, National Kata Champion
- Joe Walters, 5th dan, World Masters Silver Medalist
- Harry Glackin, 7th dan, Tai Chi & Self-Defense Instructor
- Rick Celotto, 7th dan, IJF-A Referee
- Bill Montgomery, 6th dan, USJA Coaching Education Chair
- and many more!

#### For more information, go to: <a href="http://www.newyorkymcacamp.org/judo">www.newyorkymcacamp.org/judo</a>;

For team discount rates see: <u>http://www.newyorkymcacamp.org/judo/datesandrates.php</u>

Financial aid information is available at:

<u>http://www.newyorkymcacamp.org/forms/Financial%20Assistance%20Packet.pdf</u> Please contact camp co-founder/co-Director George Pasiuk at <u>mr1judo@optonline.net</u> or 914-413-9944 if you have any questions.

## We hope to see you this summer!

## **CLUB PROFILE: STALLION SPRINGS (PAL) JUDO**

**Stallion Springs PAL Judo** began in January 1998 as the Tehachapi Valley Judo Club under the leadership of Head Sensei John Oglseby, a Kern County Superior Court Judge. In 2003 the club became part of the Stallion Springs Police Activities League (PAL) and has been located the Stallion Springs Community Rec Center since it opened in 2006. In that time the club has produced four black belts; placed at the Nationals and California state championships; and won several Gold medals at the Silver State (NV) championships.



Stallion Springs is a mountain ranching community of 3,200 residents, located just west of the city of Tehachapi, California, and about two hours north of Los Angeles. As the name implies, there are almost as many horses as people in this county, so rodeos and equestrian events are a big part of the local charm. Tehachapi also has the dubious honor of being home to one of California's largest prisons, but this actually benefits the judo club in that several members are correctional officers or the children of prison staff.

In a time when some clubs are seeing diminishing memberships, Stallion Judo is a healthy and growing club with an active membership of just over forty, including sixteen females, and the strong support of the parents. The club currently trains two nights per week and has junior gradings every three months. Stallion Judo's short and long term goals are to grow teenage and senior membership and develop a strong team for future competitions. Self-defense programs are also planned for the near future.

Finally, the club would like to extend a special thanks to Gary Goltz for his past and continued support of Stallion Springs PAL Judo.

--Mark Lonsdale, senior instructor managing technical development at Stallion Springs Judo. Email: <u>Judo93561@aol.com</u>



Entry Fees: \$60 - By May 15th • \$80 - After May 15th • \$25 - Extra Divisions • www.amcanjudo.org • 585-797-5254



WORLD CLASS JUDO COMPETITION JUNIOR, SENIOR AND MASTERS

May 26th & 27th, 2012 Grand Island, NY - 5 Minutes from Niagara Falls! FREE COMPETITOR TRAINING CLINIC

# Help us Celebrate AM-CAN's 40th Anniversary Visit Niagara Falls! - Memorial Day Weekend! **Competitors Welcome from Around the Globe!**

U.S.A. • CANADA • UNITED KINGDOM • FRANCE • GERMANY SPAIN • RUSSIA • INDIA • BRAZIL • PANAMA • AND MANY MORE!

USA Judo Sanctioned Event

National Referee Certification **Testing Site** 

USJA/USJF Grassroots Judo Point Tournament

Full-Day National Referee Advanced Training and Rules Seminar



# **New This Year!**

17-19 Youth Divisions! Saturday Competition with all Junior Divisions

## **Compete Again** on Sunday!

Sunday Competition Seniors & Masters Divisions





- 1993 World Championships
- Bronze Medalist



Bagpiper

**Kicks Off Opening** Ceremonies!

Medals Awarded

Warrior Brand

Competition Gi

by Judo Olympians

Awarded to Winners of all Senior Elite Divisions

in Winning Countries

AM-CAN Challenge Cups

Awarded to Winning Clubs

# **New This Year!**

Headquarters Hotel Holiday Inn & Resort 100 Whitehaven Road Grand Island, NY 14072 (716) 773-1111

**Tournament Venue** Grand Island High School 1100 Ransom Road Grand Island, NY 14072

Free listings in the <u>Upcoming Events</u> section of *Growing Judo* are offered for USJA-sanctioned events. Domestic events (tournaments, clinics, etc.) that are open to USJA members but sanctioned by other organizations can be published with a nominal advertising fee:

- \$15 for a text-only listing in "Upcoming Events" (up to 5 lines) formatted as below.
- 1/4, 1/2 or full-page paid ads are also available.

For either of these options, please contact USJA Executive Director Katrina Davis.

## **Upcoming Events**

If you are a USJA club and have any **Upcoming Events** that you would like listed in USJA's Growing Judo, please send your information, <u>in the format below</u>, to Joan Love at: <u>judolady210@aol.com</u>

Month & date of event

**Official Title of the Event**, location (building/institution, street address, city, STATE) A couple of sentences of pertinent information, if applicable (description of the event, presenter's credentials if a camp/clinic, etc.). Please be concise; include time/schedule & price; Contact person with phone number & email; url for forms if available.

*Please note that this information needs to be in a WORD document or in the <u>text</u> of an email. Full event flyers and PDF documents cannot be included. You may include a relevant photo if you have one.* 

#### MARCH

#### March 2-3

**Competitive Edge Training Camp,** Sasaki Judo Club, 7817 Commerce St., Riverview, FL. Shinjiro Sasaki, 813-381-4914.

#### March 3

**2012** Arizona State Open Judo Championship (no residency restriction), Highland Lakes School, 19000 N 63rd Ave, Glendale AZ. Tournament starts at 10:00 a.m.; Referee/Coach meeting at 8:00 a.m. with Head Referee Greg Moore. Adult divisions \$40, juniors \$30, each additional division \$20. Email <u>cheri.mckeown@gmail.com</u> for entry forms or call 602-430-5361.

#### March 3

**Chippewa Valley Judo Shiai And Kata Competition,** Eau Claire Lutheran School, 3031 Epiphany Lane, Eau Claire, WI. Contact Roy Gay, 715-723-3321, <u>chivaljudo@juno.com</u>

#### March 4

**Arnold Classic Judo Open**, Greater Columbus Convention Center Hall C, Columbus, OH. Contact Gary Monto, 419-726-8388, <u>arnoldsportsfestival.com</u>

#### March 9-11

**March 9:** Local/Regional Referee Clinic by Mindy Buehman, Pan American Referee at Kodokan Judo of Cape Coral 532 SE 47 Terrace, Cape Coral, Florida. 6:00 p.m. Practical certification at the March 10 shiai. Fee \$40.00.

March 10: The 2nd Annual Yoichiro Matsumura Championship, Oasis H.S. 3519 Oasis Blvd., Cape Coral, Florida. 10:00 a.m. start. Regional event with 200+ competitors expected; trophies for 1st, 2nd and 3rd places. \$40.00 preregistration/\$55.00 at the door.

**March 11: Competitive Clinic** instructed by Sensei Yoichiro Matsumura 8th Dan and Sensei Celita Schutz 3X Olympian and 5th Dan at Kodokan Judo of Cape Coral 532 SE 47 Terrace, Cape Coral, Florida. 9:00 a.m., fee \$35.00. Contact John Paccione 239-699-2825 for all three events.

#### March 11, 2012

**8th Annual New Rochelle Open Judo Championships,** San Yama Bushi Judo School, 612 Main St. New Rochelle, NY. Novice & advanced belt divisions, Juniors up to age 16. Fee before March 5: \$ 20; late fee \$25. Contact Hector Negron 914- 633-1701.

#### March 24

**CHP 11-99 Foundation Club Tournament**, sponsored by Goltz Judo at the Alexander Hughes Community Center, 1700 Danbury Rd., Claremont, CA, 91711. Entry fee: \$15.00 (\$10 for additional family members). Contact Gary Goltz, 909-702-3250, <u>gary@goltzjudo.com</u> or go to <u>goltzjudo.com</u> for more information.

#### March 24

Louisiana State Judo Championships, Live Oak High School, 35086 Hwy 16 Spur, Denham Springs, LA. This tournament will feature Juniors, Seniors, Masters, and Kata. It is open to non-Louisiana residents. Weigh-Ins Friday, March 23rd from 8-10pm Saturday March 24th from 8am-10am at Live Oak High School. Contact James Wall 225-436-0588, <u>wallmartialarts@att.net</u>.

#### March 24

Ju No Kata Clinic with Eiko Shepherd, Marion Pal Club Judo, 305 S. Adams St., Marion, IN. Bruce Bender, 765-664-3539.

#### March 25

**Virgil J. Bowles Memorial Kata Tournament**, Marion Pal Club Judo, 305 S. Adams St., Marion, IN. Bruce Bender, 765-664-3539.

#### March 31

Glass City Invitational, St. John's High School, Toledo, OH. Contact Gary Monto, 419-726-8388.

#### APRIL

#### April 7

**RPI Judo Club Annual Tournament,** Rensselaer Polytechnic Institute, Robinson Gym, The Armory, 15th St., Troy, NY. Contact Topias Lemetyinen, <u>lemett@rpi.edu</u>.

#### April 13-14

Kelly's Capers and USJA Coach Certification clinic at Wall to Wall Martial Arts, 7838 Kingsley Ave., Denham Springs, LA. Friday evening session (6:00-9:00 p.m.) will focus on Kelly's Capers, a great approach to teaching Judo to novices with a focus on using drills and activities that help promote student retention and success over the long-term. The presenter will be Joan Love, USJA Vice-President. Saturday (9:00 a.m.-5:00 p.m.) will be an all-day coaching course, co-taught by James Wall and Joan Love; it will cover all material necessary to certify or re-certify as a USJA Coach. \$40 Clinic cost includes lunch on Saturday; background screening and certification fees are additional. Contact James Wall, 225-436-0588, <u>wallmartialarts@att.net</u> for forms and more information, including lodging.

#### April 14 and 15

**Kelly's Capers and Coach Education Clinic**, New Mexico Military Institute, 101 W. College, Roswell, NM, with Bill Myers, who has taught hundreds of students at Cornell University using the *Kelly's Capers* program. Coaching clinic (Saturday 9:00-5:30) satisfies requirements for initial certification or continuing education; Kelly's Capers will be on Sunday, 9:00-1:00. Fee: \$50 for both clinics. Contact Loren Bentley at <u>sensei@roswell-judo.org</u> or 575-649-0982; Registration forms at <u>www.roswell-judo.org/RJC-NMMI\_April\_2012\_Clinic.pdf</u>. Hotel rooms have a block rate of \$70/night with the code of "Judo Clinic."

#### April 15

**Shigatsu Open Judo Tournament**, Gentle Way Judo Club, 530 Birch Street, Bristol, CT. \$20 entry fee. Junior, Senior, Masters, Newaza Divisions. Contact Will Williams at 860-712-0122 or <u>Info@gentlewayjudoclub.com</u> and go to <u>www.gentlewayjudoclub.com</u> for directions.

#### April 15

**Industry Sheriff's Judo Club Novice Tournament**, East San Gabriel Valley Japanese Community Center, 1203 West Puente Avenue, West Covina, CA. Green belt or lower, starts 10:00 a.m. Contact Jeff Domingo, 626 330-3322; jddoming@lasd.org or Butch Ishisaka, 626 576-5747, <u>industrysheriffjudo@gmail.com</u>

#### April 21-22

**USJA Midwest Regional Judo Tournament Mixed Martial Arts Clinic**. North Dale Rec Center 1414 St. Albans St. N, St. Paul, MN. Dan Hoffman, 651-208-5650; Ken Otto, 651-774-4041, <u>k-d-otto@msn.com</u>.

#### April 28

**2012 West Point Senior Invitational**, Arvin Cadet Physical Development Center, United States Military Academy at West Point, NY. Hector Morales-Negron, 845-938-6648.

#### April 29

Walter Ing 6<sup>th</sup> Dan Memorial Jr. Judo Tournament--*All proceeds go to the YMCA Judo Camp Fund.* Salesian High School, 148 East Main St. New Rochelle, NY. Novice & advanced belt divisions, ages 5-16. Fees before 4/23: \$ 20.00 first division/\$10 each additional division. Contact George Pasiuk (914) 413-9944, <u>mr1judo@optonline.net</u>

#### MAY

#### May 5-6

Shingitai Jujitsu Spring Training Camp, Pleasant Valley Ranch, Perrysville, OH. See ad to the right and contact John Saylor <u>SJAHQ@aol.com</u> or visit <u>www.johnsaylorsja.com</u> for more information.

#### May 5

#### 2012 Wisconsin State Sr & Jr Judo

**Championships** hosted by West Bend Judo Club at University of Washington Washington County, 400 University Dr., West Bend, WI. Jon Sanfilippo, 262-644-8211

#### May 5

**The Wright Challenge,** Wright State University, 3640 Colonel Glenn Highway, Fairborn, OH. Contact Lowell Slaven, 765-891-0130, <u>Islaven1512@comcast.net</u>

#### May 19

**River City Martial Arts/Grants Pass Judo 18th Annual Judo Tournament**, North Valley High School, 6741 Monument Dr., Grants Pass, OR. Contact Daniel Dawson, 541-761-8081, <u>dawsondaniel@hotmail.com</u>



#### May 26

#### Ryoku Judo Club Invitational, Dula Gymnasium

441 E. Bonanza Rd., Las Vegas NV. 9:00 a.m. start. Contact Sergio Sanchez cftspn@aol.com, (702) 234-1165.

#### May 26-27

**40th Annual AM-CAN International Judo Challenge**, Grand Island High School, 1100 Ransom Rd., Grand Island, NY. *See the full-page ad on page 19* and visit <u>www.amcanjudo.org</u> for entry forms and complete information. Additional events include:

- Reception honoring Mel Ginter (see details below); no charge for attending/cash bar available.
- The 2nd Annual AM-CAN Competitor Clinic, with guest clinician Jason Morris (5- time Olympian and 1988 Olympic Silver medalist); the clinic is FREE and open to all.



#### JUNE

#### June 9

**Mahopac Judo Invitational**, American Legion Hall, 333 Bulks Hollow Rd., Mahopac, NY. Contact Jose Martinez, 917-821-3857.

#### June 21-23

**Greatest Camp On Earth**, Next Level Center, 4317 Stevens Mill Rd., Stallings (Matthews), NC. **Please see feature on page 12-13**. Visit <u>www.greatestcamp.com</u> or email <u>greatestcamp@greatestcamp.com</u>.

#### June 23

**Goltz Judo Sensei Gary Birthday Tournament**, sponsored by Goltz Judo at the Alexander Hughes Community Center, 1700 Danbury Rd., Claremont, CA, 91711. Entry fee: \$15.00 (\$10 for additional family members). Contact Gary Goltz, 909-702-3250, <u>gary@goltzjudo.com</u> or go to <u>goltzjudo.com</u> for more information.

#### JULY

July 6-8 USJF/USJA Junior Nationals, Spokane, WA. <u>http://www.usjf.com/2011/12/2012-junior-nationals/</u> July 15-20 CAMP BUSHIDO WEST Judo & Jujitsu Training Camp, Old Oak Ranch, Sonora, California. Please see feature on page 14. Website: <u>www.campbushido.com</u>

#### July 26-29

**Rise of the Phoenix Martial Arts Training Camp,** Ohio. Bluffton University, Founders Hall – Marbeck Center, 1 University Drive, Bluffton, Ohio; 419-358-3000. Please see feature on page 15. Flyer: <u>http://www.amerikanjudo.org/campflyer2012.doc</u>.

#### AUGUST

August 12-18 INTERNATIONAL JUDO CAMP, Huguenot, NY. Please see feature on page 16-17. Website: <u>www.newyorkymcacamp.org/judo</u>

#### **SEPTEMBER**

#### Sept 21-23

All Women's Judo Championship, Cloverleaf Recreation Center, 8525 Friendsville Rd. Lodi, Ohio: a female-only tournament that affords competitors many matches. Coaching, Referee, Kata and Technical Clinics (TBD) are open to all (male & female); all referees are welcome. Contact: Deborah Fergus 269-208-1068, <u>defrgs6@att.net</u>.

#### OCTOBER

#### October 13

**Dr. Z Memorial Club Tournament**, sponsored by Goltz Judo at the Alexander Hughes Community Center, 1700 Danbury Rd., Claremont, CA 91711. Entry fee: \$15.00 (\$10 for additional family members). Contact Gary Goltz, 909-702-3250, gary@goltzjudo.com or go to goltzjudo.com for more information.

#### **NOVEMBER/DECEMBER**

#### November 30

**Coach Certification Clinic,** in conjunction with the USJA/USJF Grassroots Judo<sup>™</sup> 7<sup>th</sup> Annual Winter Nationals. Hosted by Goltz Judo, Alexander Hughes Community Center 1700 Danbury Rd, Claremont, CA. and facilitated by Bill Montgomery, Chair of the USJA Coaching Education Committee. Fee: \$50.00. Contact Tony Farah, 951-288-5296, tony@farahfamily.com, or go to judowinternationals.com.



#### November 30

**Kata Certification Clinic,** in conjunction with the USJA/USJF Grassroots Judo<sup>™</sup> 7<sup>th</sup> Annual Winter Nationals Hosted by Goltz Judo, Alexander Hughes Community Center 1700 Danbury Rd, Claremont, CA and led by Eiko Shepherd, Chair of the USJF Kata Development and Certification Committee. Fee: \$50.00. Contact Tony Farah, 951-288-5296, tony@farahfamily.com, or go to judowinternationals.com.

#### December 1-2

**USJA/USJF Grassroots Judo™ 7<sup>th</sup> Annual Winter Nationals,** hosted by Goltz Judo at Damien High School's gymnasium, 2280 Damien Avenue, La Verne, CA. Entry fee: \$50.00 (\$40 if submitted before November 21, 2012. Contact Tony Farah, 951-288-5296, tony@farahfamily.com, or go to judowinternationals.com.

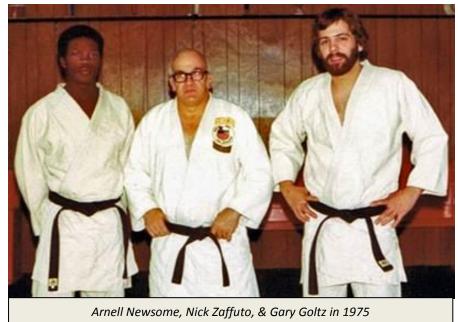
# In Memoriam

## Nick Zaffuto the Founder of South Hills Judo Club in Pittsburgh

Nick Zaffuto, 6th Dan, USJA Life Member 147, passed away quietly on February 8, 2012. He started Judo in 1945 while serving as a <u>Marine stationed at Pearl Harbor</u>. He formed the first Judo Club in Pittsburgh at the downtown YMCA and continuously taught judo for over 60 years. Nick was indeed the father of Pittsburgh Judo.

In 1975 he introduced me to the United States Judo Association and supported my promotion to 1st degree black belt. Later he asked me to run for local <u>AAU Judo Chairman</u> and worked hard to get me elected. This was the beginning of a lifelong involvement in judo politics with the goal of trying to make a positive difference. I will always remember Nick as a good Sensei who was devoted to judo and his students.

In his book, recently published in English, Yoshisada Yonezuka's recounts a tournament in Pittsburgh, organized by Nick Zaffuto in 1962. At Nick's request, Yonezuka took on a challenge line of 15 judoka in under 10 minutes. Nick also arranged for a team of 2 women black belts, Jordi Ludwig and Donna Waxter, to be a regular feature at Pittsburgh's Civic Arena during the Professional Wrestling events. They did an action-packed judo demonstration in the days of Bruno Samartino and 'Iudo'



Gene LeBell. It really helped put judo on the map in my hometown.

Rest in peace Sensei Nick, I'll miss you.

--Gary Goltz

We hope that you are enjoying USJA's *Growing Judo*. If you have any suggestions or comments, we would like to hear from you. Also, don't forget to send in your news, and please forward the magazine to your judo friends.

Thank you for your support,

Joan Love, Editor, *Growing Judo* judolady210@aol.com

## ጵ Karen Garibian 🛛 🖈

## <u>Nidan</u>

Shodan

★ Leonard Carter III

🔶 Dwain K. Allen

**Francois-Hayg B.** 

**\*** Fabio Alves

Astourian

★ Ray DeLuca

## <u>Sandan</u>

- 🞋 Konstantinos Gkikas
- 🔅 Richard D. Hanson

## <u>Yodan</u>

✤ Michael R. Martyn

## <u>Rokudan</u>

★ William E. Montgomery

🔅 Nishan Hovsepian

**USJA Promotions: February, 2012** 

Congratulations to the following individuals on their achievements:

🔅 John Carl Janecka

🔅 Eli R. Garshnick

★ Gant Grimes

Judo

★ Timothy S. Knepp

John H. Harwood
Ronald R. Ivanoff

 Andrew Miller

- 🔅 Jason Montoya
- ✤ Jonathan Phillips
- 🔅 Brian Platt
- 🔅 Hannah L. Radabaugh
- 🔅 Curtis Smith
- \star Kirby L. Strissel

Growing Judo, March 2012



