Growing Judo July, 2011

Monthly publication of the Club Support Services Committee of the United States Judo Association 21 North Union Blvd, Suite 200 Colorado Springs, CO 80909-5784 www.usja-judo.org (877) 411-3409

In this month's issue:

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- ★ Bell's Judo Club's Local Heroes
- ★ Judo: The Knowledge that Saved My Life
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AM-CAN photographs courtesy of Connie Halporn. All rights reserved.

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Please contribute your news to Growing Judo! Make sure your submissions are:

- * CONCISE, well-written and proofread.
- * Contain correct details (dates, contact information, etc.) and include hyperlinks to event forms.
- * In WORD format (not PDF!) or in the body of the email.
- * Send photos as separate attachments in JPG (preferred) or another standard form (GIF or bitmap OK).
- * Your original work, or submitted with the permission of the creator.
- * If possible, includes a few <u>quality</u>, interesting photos; be sure that you have permission to submit photos of others, ESPECIALLY minors. *Try to include ACTION shots!*
- * Has "Growing Judo" or "GJ" in the subject line of your email.

Thanks for your support!

Joan Love, Editor, *Growing Judo* Vice-President, USJA Chair, Club Support Services/Regional Coordinators <u>judolady210@aol.com</u>

<u>EDITOR'S NOTES</u>: Our sincere thanks to the many individuals have shared their stories and photographs in this issue. Please note that they have given permission for their work to be published in USJA's *Growing Judo* <u>only</u>. *All rights are reserved*. Articles and photographs seen here may NOT be reproduced without permission.

Submissions to *Growing Judo* become the property of the magazine and may be edited and utilized at the discretion of the editorial staff.

The next issue of USJA's Growing Judo will be August, 2011. If you have any news and/or any planned events, please submit your information PROMPTLY: by <u>July 24th</u> or earlier if possible.

Please understand that it may not be possible to include information submitted after that date.

AM-CAN International Judo Challenge, May 27-29, 2011

Now in its 39th year, the AM-CAN was founded by Mel and Joan Ginter and remains one of the best developmental judo tournaments in the U.S.

The AM-CAN is open to members of any of the three US judo organizations: USJA, USJF or USA Judo, and anyone with a foreign judo membership card.



Participants this year represented many of the United States, not only from the Northeast but as



AM-CAN volunteer Andy Boulet took 1st place in his Masters division

far away as Michigan, Maryland, Tennessee and Georgia, as well as the provinces of Ontario and Quebec, Canada, and the United Kingdom. There was a great turnout of Juniors, both Novice and Advanced Senior Men, Senior Women, and Masters.

The event was held at the Koessler Athletic Center at Canisius College in downtown Buffalo. Zebra Mats provided tatami for the 4 mat areas. A great team of volunteers, led by AM-CAN President Bob Hall and Tournament Directors Tony Grisanti and Chris Zusi, kept the two-day tournament running smoothly and on schedule.

On Friday evening, parents, coaches, officials and senior competitors were invited to a reception at the host hotel, Adam's Mark, in downtown Buffalo. The reception featured a tribute to 1964 Olympian George Harris. Among the speakers was his teammate and friend, 1964 Olympic Bronze Medalist Jim Bregman.



The AM-CAN International Judo Challenge is part of the USJA/USJF Grassroots JudoTM partnership. The goal of this program is not only to grow participation in all aspects of judo: recreation, sport, self-defense and physical fitness, but to promote "the holistic contribution of Judo to society" as it fosters good citizenship and positive values.

You can read more about the Grassoots Judo[™] program here: <u>http://www.usja-judo.org/GrassRoots/index.htm</u>

Next year will be a special one for the AM-CAN as it celebrates its 40th year. Mark your calendars for Memorial Day weekend, 2012--we hope to see you there!



The AM-CAN is a National Referee Candidate Examination Site. IJF-A Referees Richard Celotto (Chief Referee for the tournament) and Kei Narimatsu provided a comprehensive full-day Referee clinic on Friday, May 27th that was FREE for all referees, coaches and Senior competitors.





Following the Junior competition on Saturday, registered competitors of all ages were invited to attend a FREE clinic from 4:00-6:00 p.m. with Jim Bregman (1964 Olympic Bronze Medalist, 1965 World Bronze Medalist), Heiko Rommelmann (Pan-Am Gold Medalist and many-time National Kata Champion) and Joan Love (4-time National Masters Champion).

USJA Treasurer's Report, April 2011

The overall financial health of the organization after the first four months of 2011 continues to remain good and stable. Current assets as of the end of April 2011 were \$72,259 which includes the endowment fund. Current liabilities were \$935. The current ratio is a healthy one, approximately 70 to 1.

Revenue in February was \$43,503 and as expected with the largest portion being generated from membership fees. Expenses were \$40,238 including cost of goods. The net profit for April was \$3,265. The year to date net income is \$16,192.

--Paul Nogaki, Treasurer, United States Judo Association, June 20, 2011

COACHING PROGRAM

Summer is a busy time for judo tournaments on a national level. By the time this goes out, the USJA/USJF Junior Nationals will be underway. I hope that those of you who take your young charges to this tournament will help them to enjoy the experience and learn from it. As with any tournament, one can look at it as the culmination of his/her training or as a portion of the journey. Too often we forget who these tournaments are for; it is about the young athletes--not the coaches, officials or parents. Participate and resolve to make these experiences a positive event for the youngsters.

Beginning in the summer of 2012, we will initiate training programs for the National Coach level. These will be a departure from what we have done in the past. The course work will be much more detailed, both in actual time requirements and knowledge. We will be distributing the general outlines in the Fall of 2011. It should be noted that simply attending one of these courses will not automatically assure successful completion. Candidates will need to prepare adequately.

The *Kelly's Capers* program continues to expand. We have enough available, trained instructors to schedule a large number of these events. If you would like to host a seminar, please contact me. I have gotten inquiries, but few have actually given me dates, place etc. If you are considering hosting a *Capers* seminar, please ensure that four or more clubs are involved, with instructors, assistant instructors and a good number of students from each of them in attendance. If someone is in an isolated area, we will do our best to accommodate you. While such a trip cannot become the rule, we did send George Weers to Alaska in May. Additionally, while anyone (USJA, USJF or USA Judo) may attend, the travel funds for the clinician are only available to USJA Chartered clubs. If your dojo is not USJA chartered, consider teaming up with a USJA dojo in your area.

On another note, another judo instructor was recently charged criminally. It was not in the U.S., but this incident underscored that we must always use caution and good judgment. At times, what seems to be just part of the program to the coach may not in fact stand up so well in court. Age-appropriate, positive training methods should be used by all instructors at all times.

I hope your summer is full of judo and tons of fun!

Bill Montgomery, Chair USJA Coach Education and Certification Committee <u>WMontgomery2@aol.com</u>

A WARM WELCOME to Our NEW USJA Clubs!



Club Name: Trafford Judo Club LLC (Class C Club) Head Instructor: Paul Bova Email: pb@tcc1000.com

Club Name: Armstrong Judo Club Head Instructor: Timothy Gangle Email: <u>timgangle08@msn.com</u>

Club Name: **KENPO, Judo, Jujitsu** Head Instructor: **Terry Aumock**

Club Name: SHUDOKAN JUDO CLUB Head Instructor: James Linnane

Club Name: **E.D.G.E. Judokai** Head Instructor: **Howard Alexander** Email: <u>e.d.g.e.judo@gmail.com</u> Location: Trafford, PA Phone: 412-856-3058 Website: www.traffordjudoclub.com

Location: **Port Alexander, AK** Phone: **907-568-2228 ext. 3**

Location: Goose Creek, SC Phone: 843-797-1313

Location: Yellow Springs, OH Phone: 937-342-0456

Location: Camphill, PA Phone: 717-903-2253

Club Name: Hong Kong Judokan USA/ Japan Martial Arts CenterHead Instructor: Philip LeeLocation: Fountain Valley, CAPhone: 714-963-5866Email: akiskarate@yahoo.com

We are pleased to offer the newly released <u>Everything You Should Know About Seoinage</u>, DVD for anyone who donates \$100.00 or more. We will also include a <u>free DVD with a NEW LIFE</u> <u>MEMBERSHIP!</u> This offer has been extended until the end of August 2011.

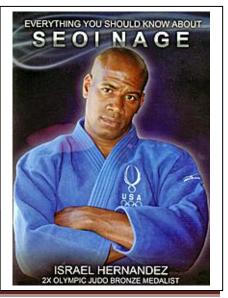
The USJA has many more services to offer and we can achieve our goals sooner with help from all of you. Our goal at the National Office is to provide the best possible service to all of our members.

We are asking you to please support the USJA and give what you can. For those that can give \$100.00 or more you will have a great DVD to improve your judo and add to your collection.

We want to thank all of you for supporting your USJA!

Sincerely, Katrina R. Davis, USJA Executive Director

Two-time Olympic Bronze Medalist Israel Hernandez and Olympian Valerie Lafon Gotay have teamed up to develop this exciting DVD that provides a comprehensive study and examination of seionage using slow motion and various angles: grips, common mistakes, variations, defenses, counters, combinations, fusion techniques, and supplemental exercises.



It all comes down to the basics

The DVD you will use over and over for learning and teaching.

Tom Crone's Judo Basics

See a sample at:

http://www.youtube.com/watch?v=IUtAb4NugXI

- Judo Principles
- Judo Specific
 Warm-up Exercises
- Falling basics
- Postures and Motion Management
- Eleven throws
- Five Hold Downs
- Five Turnovers
- Okuri Eri Jime
- Juji Gatame
- Randori fundamentals

Plus...

Diagramed Action Stills Review Stills

\$ 19.95 Purchase at: <u>www.judominnesota.com</u>

Advertise your Judo-related product in Growing Judo

We are now accepting commercial advertising in Growing Judo magazine. Full, half and quarter-page ads are \$100/\$55/\$30 respectively. Multiple issue discounts are also available. Please contact USJA Executive Director Katrina Davis at 877-411-3409 or katrina.davis@usja-judo.org.

Congratulations to our Newly Certified USJA Coaches

- 🖈 Keith Anderson, Sitka Judo Club, Sitka, AK
- 🖈 Richard Delluomo, Staten Island Judo Jujitsu Dojo, Staten Island, NY

do Basics

- Timothy L. Gangle, Armstrong Judo Club, Port Alexander, AK
- 漧 Levon Mendelyan, Santa Clarita Valley Judo Club, Santa Clarita, CA
- 🖈 Stephanie Paccione, Kodokan Judo of Cape Coral, Cape Coral, FL
- * Roger Stevens, North Star Judo Club, North Pole, AK

We would like to express our sincere appreciation to the following individuals for their generous support of the United States Judo Association:

- ★ May Minard, Keene YMCA Judo Club, Keene, NH
- * Paul Bova, Trafford Judo Club LLC, Trafford, PA
- * John Kucirek, Family Judo of Omaha, Omaha, NE
- 🔅 Allen Johnson, Coastal Judo Club, San Luis Obispo, CA
- 🔅 David Kiang, Biwako, Bronx, NY
- * Edmund Levine, Philadelphia Judo Club, Philadelphia, PA
- 🔅 Ernie Henson, Zion Judo Club, Haverhill, MA
- * Andrew Connelly, School of Hard Knocks Judo Club, Spring, TX

Judo News From Around the Country

Arkansas, May 6

I had the pleasure of visiting Matt Libertini and the folks at ArkJudo in Fayetteville. I put on a 2hour Judo Games session for the Junior Judo class followed by a 3-hour clinic with the adult students. Matt has done a terrific job of keeping the club going since its founder, Michael Dobbs, had to relocate for professional reasons. I had a great time and met a lot of really nice folks. I'm looking forward to my next visit with this great group of Judoka.



--James Wall, Wall to Wall Martial Arts USJA Regional Coordinator for Louisiana



California, June 11

Sensei Gary's Birthday Club Tournament has been a tradition at Goltz Judo in Claremont since 1993. This year, it was attended by about 110 competitors from 23 clubs. The chief referee was Bernie Semel, who was assisted by Alain Wilkerson.



Louisiana, May-June

On Saturday, May 14th Wall to Wall Martial Arts hosted its annual Mini-Shiai and Grappling Tournament at the Live Oak High School Gym in Watson, LA.

Rules that diverged greatly from the current IJF Judo rules were used to make the matches more fun and exciting, easier to referee, and more appealing to students of BJJ and other grappling sports. Among other things, the modified rules allowed for the use of throws and takedowns that involved "direct leg attacks" such as Morote Gari and Te Guruma. Relaxed gripping guidelines meant that only a few grips were prohibited. Perhaps the biggest rule change was the use of a multiple Ippon or continuous scoring format. This meant that scoring an Ippon from a throw or pin did not end the match but instead gave the person performing the throw or pin one point. Both players were then allowed to return to a standing position and the match was then resumed.

Overall, the event was a big success and everyone who attended had a great time. Several local BJJ

schools were in attendance and expressed how much they enjoyed the modified rules. We are looking forward to more events of this kind in the future.

On Saturday, June 18, 2011, Wall to Wall Martial Arts of Watson, Louisiana brought four Judoka to the Mississippi Games Tournament in Columbus, Mississippi. John King (Ikkyu) refereed the tournament. Thomas Trantham (Sankyu) placed first in the senior men's 81 kg division. Blade Ducote (Sankyu) placed first in the senior men's 66-73 kg division. Finally, Kody King (7th Kyu White Belt) placed 3rd in the senior men's 81 kg division. We are very proud of our Judoka!



In May, the Louisiana Judo Council, Inc. (LJCI) announced its new officers. Sensei Jeff Miller of Acadian Judo in Lafayette was announced President. Sensei Nick Long of Heiwashin Dojo in Baton Rouge was announced Vice President. Sensei Patty Wall of Wall to Wall Martial Arts in Watson was announced Treasurer, and Andrea Huguet of Wall to Wall Martial Arts was announced Secretary. The general idea of the LJCI is that it is not a governing body, but rather a service-oriented association that consists of the various Judo clubs in Louisiana. Its purpose is mainly to help area schools work together toward common goals like tournament planning, clinics, group workouts, and more. The LICI hopes to add a fundraising component that would enable us to have funds available to help bring in nationallevel clinicians and also periodically send Judoka to national-level events. The LJCI is currently trying to revive



Thomas Trantham & Kody King at the Mississippi State Games

its newsletter and set up a new website so that people can better understand its goals.

--James Wall & Andrea Huguet, Wall to Wall Martial Arts

New Mexico, June 18

Despite blistering heat, 19 judoka travelled to the New Mexico Military Institute in Roswell, NM for a day long clinic on warm-ups, *kuzushi* and body movement, basic reaping techniques, and



groundwork flow and submissions. Three clinicians covered the four topics in detail.

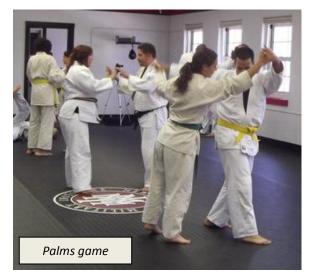
Our clinic began with emphasis on proper warming to help one prepare for the ensuing workout. Of special interest was a 10-minute warm-up routine designed to increase strength and endurance which consisted of four rounds of push-ups, sit-ups, burpees, and squats starting at 1 minute each and decreasing by fifteen seconds once each set was complete. After the warm-up portion, Oscar Tinajero covered flexibility and movements common to a ground game including various rolls and positions frequently experienced on the ground.

Kuzushi, tai sabaki, and *debana* are often neglected, but the second section of our clinic covered these topics as a primary concern. Loren Bentley began with a brief discussion and demonstration of the *happo no kuzushi* and had the students applying it in linear and circular movement in both *jigo* and *shizen hontai*. Next, the concept of *debana* was conveyed through a game that helped students understand how to move for a technique when their partner applied pressure on their palms.

For our third section of the clinic, Loren Bentley covered variations of the four basic *gari* techniques from Daigo's *Kodokan Judo Throwing Techniques*. Students were given extended time to practice these new variations.

The final session was on ground work and flow drills. Here the students learned about continuous motion on the ground from one submission to the next from Tim Smith. Starting with the basic legs around in the bottom position (guard), the first element was *juji gatame*. If *uke* foiled the attempt, the technique flowed into *sankaku jime* by repositioning the legs. Again assuming that *uke* foils the attempt, the technique flows into the Brazilian JiuJitsu technique known as an *omoplata*, which, while not legal in judo, is applicable to MMA or submission grappling events.

The event ran for about seven hours, and a great time was had by all. We receive many compliments about the quality of the instruction, the facility, and the organization. All three clinicians presented well and ensured that students spent more time doing than hearing.





Retreating Variation of O soto gari



Roswell Judo Club would like to thank Ron Wade and the New Mexico Military Institute for the use of their martial arts room with the brand new mats; Oscar Tinajero and the Red Spyder Martial Arts club and Toby Rue and the New Mexico State University Judo Club for bringing so many students to the clinic. For more information about the clinic or the Roswell Judo Club visit our website (<u>www.roswell-judo.org</u>) or our Facebook page!

--Loren Bentley, Roswell Judo Club & USJA Regional Coordinator for New Mexico

Florida Events



Since taking the position of Regional Coordinator approximately 2 years ago, I met with three of the clubs in the in Sarasota area, about an hour north of my location. I determined that we needed to have two tournaments a year which would also include clinics for Refereeing, Technical Officials, and Coaching.

Our first tournament was in October 2010 at the Boys and Girls Club in Sarasota. We had 100 competitors and certified several people as technical officials.

In March, 2011, I held the Yoichiro Matsumura Championship, which attracted over 200 competitors. USJA President Gary Goltz came and spoke at the event, which was a boost for the USJA in Southern Florida. At the tournament, I held a Coaching Certification Course for 7 new USJA coaches. We also certified 10 Technical Officials and 8 Referees.

We have also hosted clinics with Yoichiro Matsumura and Celita Schutz, and British Judo champion Nick Lowe. These events attracted Judoka from all around Florida. Members of my club support all other Kata and tournament events; this is crucial to growing judo!

Naples Judo of Japan, a steadily growing USJA club, has agreed to host the October 2011 shiai. Their location will be more accessible to participants from Miami. Clay Countoris from Delray Judo Institute, a dojo that we have recently brought into the USJA, agreed to hold a tournament next January on the East coast of Florida. My dojo, Kodokan Judo of Cape Coral, will host the 2nd annual Yoichiro Matsumura Championship in March, 2012. All of these events will be accompanied by certification clinics which have already been coordinated with clinic instructors. We plan to have Sensei Matsumura and Celita Schutz here again, possibly in September.

We are building Grassroots Judo in South Florida for the USJA; instructors have already come to my dojo and told me that they want to be part of what we are building. They also informed me that they feel the USJA is now the stronger organization in South Florida. This is the feeling we want because success breeds success!

--John Paccione, USJA Regional coordinator for South Florida

Local Heroes: Members of Bell's Judo in Joplin, MO Step Up During the Recent Tornados

It hit with little advance warning: the winds were tremendous and the rain blotted out all visibility up to 5 feet in front of you. The hail was golf ball sized and LOUD! Tornadoes had combined outside of Joplin and became a F5, causing damage in an area 6 miles in length and up to 1 mile wide. One of two trauma centers was struck and severely damaged from debris; with 5 patients killed and

injured staff, evacuation was started.

Several judo students used their skills to recover and rescue what they could. On the edge of the storm, Steffanie Bell (yonkyu and USJA Life Member), with 5year old Donovan and baby brother Joshua found shelter just out of the storm's path, under momma's massage table. They prayed for protection and it worked! Steffanie recovered and started helping the now homeless to relocate. She also had cases of water and snacks on hand!

Husband, Dr. Bob Bell, USJA Life Member, was cut off from reaching her and started triage in a housing area that was now no

more than splinters. Sadly, several children had passed away, but Dr. Bob was able to help transport one to the only trauma unit left in town. Next, he picked up a victim with a dislocated shoulder that had crawled out from under his motor home and got him to a new triage for wounded in the downtown area. He returned to find 4 more adults who were severely wounded and needed transport. It was comforting to have a police chaplain at the site as well.

Justin Weston, newly elevated sankyu and a long-time diving instructor, organized the water rescue team for 2 counties. His wife, Michelle was on-hand too, and their children, Shaye and Drake, (all judoka) jumped in to carry equipment and do



whatever else Dad or Mom needed.

Jared Roseberry, Ikkyu and USJA Life Member, has parents who are nurses at area hospitals. As an assistant instructor at the judo club and a commander of his ROTC group this year, he went into service just as his training directed him to do. Jared helped in the search and recovery effort for days on end; he was promoted to shodan for his extraordinary service, and also graduated from high school amid all this chaos!

Ella, a new judoka with a yellow stripe, helped her deputy sheriff dad. At only 6 years old, she was proud to help!

3rd degree junior judoka Dustin helped to rescue his grandmother from the rubble that had been her house while his mom, a nurse,





Growing Judo, July 2011

worked several shifts without much rest. So did Joy Pietrzak, ikkyu a nursing assistant at the remaining trauma center.

Sankyu Chris Briley's home was in the pathway of the storm, but was spared serious harm, but his wife lost their dental office. He was busy moving, lifting and tugging like the rest of the victims.

Ibra Brewton, sankyu, and Sensei Bob Jackson were out of town and worked to obtain and organize needed supplies.

There were many others that have not reported their actions on that day or in the ones following. All I can say is that the USJA had some hard working and skilled members who gave their all. I was certainly proud of them as well as very THANKFUL for the ones who were spared.

-- Dr. Bob Bell

Judo: The Knowledge That Saved My Life by Len Smally, Sarasota, FL

I never kept up with the Judo classes I took at the Sarasota YMCA, in the early 1960's. I never advanced past some degree of white belt, as far as I remember. I was a very good swimmer and had to make a choice between that sport, judo and even Little League. I swam in youth meets, high school, college, and still compete in masters today at 60.

In my year or so of taking judo, I learned how to achieve "kuzushi." I learned how to throw, but most importantly, I learned how to fall. It was this knowledge that probably saved my life.

We were building an art studio in the back yard, several years ago. The building has a loft that spans over half of the lower floor. Before the spiral stairs to the loft were installed, I was running up and down to the loft, which is 10 feet above the ground floor, on an 8-foot step ladder. That 2-foot step was a big one, but really no big deal if one was careful.

One morning in 2007, I woke up and realized the painters were coming to pressure clean the building, prior to painting. I went out to the studio before work to close the window on the loft floor. As I ran up the ladder, as usual, I got my right foot on the edge of the loft floor with left foot still on the 8 foot ladder. Since the window was off to my left, I, still groggy from sleep, tried to turn left and kicked the ladder out from under my left foot. The rest happened very fast, but I remember every moment.

I was doing a "split" with my right foot two feet above my left, which was dangling in the air. I could not press down my right foot hard enough to get up, and the pressure on the edge of the loft floor caused me to be instantly falling backward, toward the concrete floor **10 feet below**. I was able to get a slight shove with both hands, enough to turn slightly to my left side. I did my best judo fall, in almost perfect position, on my side and slapped hard with both arms and hands. Most of the impact must have been with my right. I was kind of dazed and looked at my right wrist. It looked like a "Z," but everything else seemed to be ok.

During the reconstruction period, of my right wrist, and many therapy sessions, I encountered various people with similar injuries; all of them just tripped and fell down. It is truly amazing that I was able to push off and fall in a horizontal position, 10 feet down to a concrete floor, so that my head, neck and hips were uninjured. Today all I have is a small plate in my wrist, with a small scar, thanks to my training in how to absorb the impact of a fall, which I learned as a kid taking judo.

Thank You, Judo professionals!

<u>Editor's note</u>: With the increased popularity of USJA's *Growing Judo* magazine, which reaches thousands of people, has come numerous requests to publicize events that are not sanctioned by the USJA. Please understand that this magazine is a huge undertaking by USJA volunteers and the national office staff, and that there are expenses associated with its production and distribution. Our policy henceforward will be:

- Free listings in the <u>Upcoming Events</u> section will still be offered for USJA-sanctioned events.
- Domestic events (tournaments, clinics, etc.) that are open to USJA members but sanctioned by other organizations can be published with a nominal advertising fee:
 - \$15 for a text-only listing in the "Upcoming Events" section (up to 5 lines) formatted as below.
 - 1/4, 1/2 or full-page paid ads are also available.
 - For either of these options, please contact USJA Executive Director Katrina Davis.

Upcoming Events

If you are a USJA club and have any **Upcoming Events** that you would like listed in USJA's Growing Judo, please send your information, <u>in the format below</u>, to Joan Love at: <u>judolady210@aol.com</u>

Month & date of event

Official Title of the Event, location (building/institution, street address, city, STATE) A couple of sentences of pertinent information, if applicable (description of the event, presenter's credentials if a camp/clinic, etc.). Please be concise; include time/schedule & price; Contact person with phone number & email; url for forms if available.

Please note that this information needs to be in a WORD document or in the <u>text</u> of an email. Full event flyers and PDF documents cannot be included. You may include a relevant photo if you have one.

JULY

July 1-3

Second annual USJA / USJF Junior National Championships and Novice Tournament and Kata Competition, Owens Community College in Toledo, Ohio. Complete information at 2011judojuniornationals.com. Contact: Gary Monto, 419-283-6319, JudanJudo@aol.com or JudanJudoToledo@bex.net.

July 9

USJA Coaching Certification Clinic at Delray Judo Institute, 2785 Suite D South Congress Ave., Delray Beach, FL with John Paccione (Godan). Material covered will qualify attendees for USJA Level E or D Coach Certification. All brown and Black belts who are teaching or assisting in their club should attend. Clinic begins at 10:30 am. Cost is \$50 for the clinic; USJA Certification fee & background check are additional. Please RSVP to Clay Contouris, <u>DelrayJudo@gmail.com</u> or 561-702-6004

July 9

Referee clinic at Derry Judo Club, 10:30-1:30 with Ken Durand, National Referee. The clinic will include classroom discussion, video analysis, and a practical/role-play portion. Cost: \$10. Contact Roger Lenfest at <u>derryjudo@comcast.net</u>.

July 16

Sunflower State Games, Boys and Girls Club, 510 SE 27th St., Topeka KS. Juniors and Seniors. Contact Donald Hinchsliff 913-8151-2851.

July 18-22

CAMP BUSHIDO, Judo & Jujitsu Training Camp, Old Oak Ranch, Sonora, CA, offers a full program in both judo and jujitsu training with nationally and internationally-known featured guest instructors and a core group of regular instructors, plus swimming, and many other fun activities. For full information and forms, please visit <u>www.campbushido.com</u>

AUGUST

August 1-5

Camp Olympus in San Diego California. Ages 7-14. Staff: Olympians Valerie Gotay and Israel Hernandez, Gerald Lafon. Registration packet: <u>http://judoamerica.com/sandiego/camps-and-clinics.shtml</u> For more information, call Gerald Lafon at 858 578-7748.

August 13-14

Fight Like a Girl Camp, Southside Dojo, 8534 Portage Rd. Portage, Michigan. Open workout after camp on 8/14. \$30.00/both days; \$20.00/one day. Campers bring sleeping bag; meals Saturday night/Sunday day included. Contact: Deborah Fergus, <u>defrgs6@att.net</u> or 269-208-1068.

August 14-20

INTERNATIONAL JUDO CAMP, Huguenot, NY. Featured instructors are **Clyde Worthen,** 6th dan (*Pan American Gold Medalist, 4-time US World team member, Head instructor at Tech Judo & new Camp Co-*

Director) and Leonardo Victoria (current national silver medalist, 6X Colombian National Champion, & Pan American Medalist). This year's camp will offer many new features to enhance the experience for all, including a totally new mat setup comprised of Zebra tatami and Swain flexiroll mats; more activities for young campers, including water activities, rock wall climbing, and horseback riding; and a new "cool zone" where teens can socialize and relax after evening randori. Of course, there will be great instruction in competitive judo, kata, refereeing, self defense, and coaching.

Information: <u>www.newyorkymcacamp.org/judo</u>; brochure: <u>http://www.newyorkymcacamp.org/forms/judo/2011-Judo-Brochure-WEB.PDF</u>

For team discount rates see: <u>http://www.newyorkymcacamp.org/judo/datesandrates.php</u>

Financial aid: <u>http://www.newyorkymcacamp.org/forms/Financial%20Assistance%20Packet.pdf</u> Please contact camp co-founder/co-Director George Pasiuk at <u>mr1judo@optonline.net</u> or 914-413-9944 if you have any questions

August 22-26

Moreau's Training Center Kids 2011 Summer Camp, Londonderry YMCA, 206 Rockingham Road, Londonderry, **NH.** 8:00am to 5:00pm Monday-Friday. Each day will include a field trip plus judo session(s). Contact Thomas Moreau, tom@moreaustrainingcenter.com, 603-421-4732.

SEPTEMBER

September 10

2011 America's Cup Judo Championship at Pendleton Heights High School, One Arabian Dr, Pendleton, IN Kata, Juniors, Masters, Newaza, Grappling & Seniors. For more information and entry packet: http://andersonymcajudo.datapitstop.com/ Hosted by Anderson YMCA Judo Club, John Branson, 5th dan-Head Instructor 765-621-3416.

September 24-25

7th All Women's Judo Championship, Cloverleaf Recreation Center, 8525 Friendsville Rd. Lodi, Ohio. Registration, weigh-in, Kata, Coaches & Referee Certification Clinics 9/24 (evening); Kata and Shiai Competition on 9/25. Contact: Deborah Fergus, <u>defrgs6@att.net</u> or 269-208-1068.

OCTOBER

October 1

Juugatsu Open Judo Tournament, Gentle Way Judo Club, 530 Birch Street, Bristol, CT. USJA local level event. \$20 entry fee. Junior, Senior, Masters, Newaza Divisions. Event flyer/details at <u>www.gentlewayjudoclub.com</u>

October 7-8

Jack Bradford Memorial Tournament & Clinic, Deer Valley Middle School, 21100 N 27th Ave., Phoenix, AZ. Contact Steven Owen, 602-430-5361 or <u>cheri.mckeown@gmail.com</u>

October 15th, 2011

2011 LA Open Judo Tournament, Hebron Baptist Church Gym, 24063 Hwy 16, Denham Springs, LA. Annual event hosted by Wall to Wall Martial Arts. Divisions for Kata, Juniors, Masters, and Seniors. Individual medals and Team Awards. Contact James Wall <u>wallmartialarts@att.net</u>.

October 15 (note date change)

Dr. Z Memorial Club Tournament, sponsored by Goltz Judo at the Alexander Hughes Community Center, 1700 Danbury Rd., Claremont, CA, \$15.00, \$10 for additional family members. Contact Gary Goltz, 909-702-3250, gary@goltzjudo.com, www.goltzjudo.com for more information.

DECEMBER

December 2-4

Friday – <u>National Coaching Clinic</u>, Alexander Hughes Community Center, 1700 Danbury Rd., Claremont, CA.



Saturday & Sunday – <u>USJA/USJF 6th Winter Nationals</u> at Damien High School, La Verne, CA. Go to <u>Winter Nationals Website</u> or contact Gary Goltz, 909-702-3250, <u>gary@goltzjudo.com</u>, <u>www.goltzjudo.com</u> for more information.



2011 Jujitsu America Annual Convention & JA/USJA National Championship Tournament, June 17-19

Dear JA Convention Instructors, Officials, & Volunteers,

I want to extend a heartfelt thank-you to each one of you for your active involvement and participation at the 2011 JA Annual Convention & JA/USJA National Championship Tournament last weekend! It was an epic event, and was made possible through your support!

It was great fun to catch up with each of you. We had a very productive Board Meeting on Friday night and elected a new board to take us forward in the next term. Thank you again to all the outgoing officers and directors for all your time, energy, and support over the past two years, and congratulations to the newly elected team! I'll share more on this along with the meeting minutes when those are ready to be distributed shortly.

I've received lots of positive feedback from instructors and from students about the clinic format we debuted

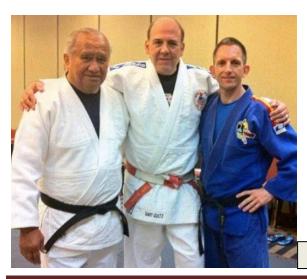
on Saturday at the convention. This brought everyone together for one highly interactive session at a time, so no one had to choose between sessions or miss out on training with any of the great instructors that were featured. We all enjoyed the diversity of the sessions and the unique perspective that each teacher shared, and had a great time with the marathon training session from 8am until after 5pm!

The JA Awards Banquet on Saturday evening was moving and memorable, with a wonderful tribute to Prof. Wally Jay (see article on the next page). Congratulations to everyone recognized with special awards and promotions.



Mrs. Bernice Jay, Dave Quinonez





The JA/USJA National Championship Tournament on Sunday was fantastic, with outstanding competitors in each of the three events (Kata, Freestyle Self-Defense, and Sport Jujitsu). Great camaraderie and respect was shown by all. In addition to the competition, we all enjoyed an awesome demonstration presented by Master Jino Kang and his team from Hapkido USA. In all, it was a lot of effort to run the tournament late into the day on Sunday, but the officials and volunteers, and especially the competitors, coaches, and spectators, all made for a phenomenal day and a tremendous way of wrapping up the weekend!

Willy Cahill, Gary Goltz, Eric Renner

Growing Judo, July 2011

Once again, my sincere thanks to each of you and I'm looking forward to seeing you again at the next JA event! We're holding our next JA Board Meeting on July 23, along with a JA Clinic featuring Traditional Jujitsu (featuring Oku no Kata of Kodenkan Jujitsu), hosted at Cahill's Judo Academy in San Bruno, CA. And, as we discussed, I'm working with Sensei Rick Robinson to put together plans for a JA Clinic hosted at his dojo in the Philadelphia area in the near-term. We'll also be making plans for the 2012 JA Annual Convention to be presented at a location on the East Coast.

Eric Renner President, Jujitsu America

Wally Jay, USJA Life Member #1647 was born in Hawaii. At age 11, he began to study boxing under a community program, then studied jujutsu and judo under Hawaiian Champion, Ken Kawachi. He was the head instructor of Jay's Jujitsu Studio, AKA Island Judo/Jujitsu Club in Alameda, CA, a USJA Chartered Club. He spent time with Bruce Lee in 1962 teaching him judo and jujutsu techniques. Even past the age of 90, he traveled worldwide teaching seminars on Small Circle Jujitsu. Jay published two books; Dynamic Jujitsu and Small Circle Jujitsu and produced numerous instructional videos. To hear more about Wally Jay go to <u>Dave Quinones on Wally Jay's Judo 6 18 11</u>.



JUJITSU AMERICA remembers Prof. Wally Jay in Tribute Dinner

June 18, 2011 – Jujitsu America presented a Tribute Dinner in honor of Prof. Wally Jay during its 33rd Annual Convention, held in Foster City, CA. Prof. Wally Jay, world-renowned martial arts legend, founder of Small Circle Jujitsu, co-founder of Jujitsu America, accomplished Judo coach, and author, passed away May 29, 2011 at the age of 93.

Featured speakers recounted their reflections and experiences with Prof. Jay, who profoundly impacted many thousands of lives around the world during the course of his eight-decade martial arts career. Speakers included Coach Willy Cahill (Olympic Judo & World Games Judo Coach, co-founder of Jujitsu America), Prof. Dave Castoldi, David Quinonez, Chris Peterson, Prof. Richard Bunch, Gary Goltz (US Judo Association President), and Graciela Casillas-Tortorelli, and the event was hosted by Jujitsu America President Eric Renner. Sensei Chris Hardy put together an outstanding compilation of pictures. Honored guests included Mrs. Bernice Jay, his wife of 71 years and a lifelong martial artist herself.

Prof. Wally Jay was inducted into the Black Belt Magazine Hall of Fame for Judo in 1969, for Jujitsu in 1980, and as "Man of the Year" in 1990. He will be remembered as a truly great practitioner, instructor, coach, and innovator in the martial arts.

- article submitted by Eric Renner

Photos courtesy of Chris Hardy& Gary Goltz

USJA Promotions: June, 2011

Congratulations to the following individuals on their achievements:

Shodan



USJA Regional Coordinators: Help Wanted!

Regional Coordinators are volunteers that provide news for Growing Judo, help with communication between USJA national committees & local clubs, and help to facilitate the growth of Judo in their area by encouraging clubs & individuals to participate in & host judo events.

Here is a listing of Regional Coordinators: http://www.usja-judo.org/committees/regional.html.

Please contact the RC in your area if you would like to work with him/her. If there is no one designated for your area, please consider volunteering to help us out! Please contact Joan Love (judolady210@aol.com) for more information.



Judo

- ★ Jack McMahon

Tatamis provided for USJF/USJF Junior Nationals will be for sale at a discount price!

www.judounlimited.com 310-439-2146 razisyed@judounlimited.com 3969 So. Centinela Ave, Los Angeles CA 90066



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