GROWING JUDO

JULY 2009



Monthly publication of the Development Committee of the United States Judo Association 21 N. Union Blvd Suite 200 Colorado Springs, CO 80909-5742 www.usja-judo.org (877) 411-3409



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That's some coaching! At the AAU nationals, I asked this little boy to act as if his dad was coaching him. Here is the picture I got. Also, behind him the coach is helping tie his player's belt. There is some grass roots judo for you.

EDITORIAL – What's Good, What's Happening

What's good about judo is the enormous number of people working around the country. Yet again in this issue we have judo from everywhere. The cover photo is Charlie Robinson & co at a clinic in Fargo, ND. You'll find articles in here on a camp in Wichita Falls, Texas, a coaches clinic in Little Rock, Arkansas. Results are here for the USJA Junior Nationals, held in San Diego, CA. Coming up are a joint work out in Ohio, a Fight Like a Girl Camp in Michigan. Going on right now is Camp Bushido in northern California, where I am going to catch a plane right after work. There is FAR too much going on to tell you in one page, much less in one issue. Let me just hit the highlights:

We had a good USJA Tournament in San Diego, masterminded by Jesse Jones, followed by a terrific USJA / Judo Forum camp open to all age ages, coordinated by Paul Nogaki, our mini-camp chair and Neil Ohlenkamp, the Judo Forum master. In the last month we had coach certifications in Missouri, Arkansas, North Dakota, Texas, San Diego and Sonora, California. We are working with the AAU judo committee to find ways we can work together. One of these is offering clinics together and publicizing each other's events. The USJA Board Meeting went well. We seated two new members, Dr. James Lally, a physician and many times USJA Donor of the Year, and Roy Hash, a very active USJA member and well-known coach from Texas. Our newest board member is Marc Cohen, from New York, voted to fill a third vacant position.

Happening- you may have heard the USJA was suspended from USA Judo. The basis for this action was the supposed sending of a suspended coach to an international event. When our corporate counsel pointed out that the documents USA Judo had were forgeries and I did not write them, incredibly, we received neither an apology nor an end to the suspension! USJA will be having a hearing this fall on this issue. In the meantime, the board voted unanimously to explore replacing USA Judo as the National Governing Body for judo. This will be on the ballot you receive next month along with voting for new board members. For over a decade the number of national level competitors has been declining, at all events, USA Judo spent over \$2 million last year and the results for judo players and coaches throughout America are paltry. This isn't an action your board of directors took lightly and we are very open to hearing your opinions.

What else is good - we are getting more and more organized on our coach education program. The number of course instructors continues to grow. Welcome to Steve Scott and Ed Thibideau to that group. When I met with the AAU I was actually able to give them a packet with handouts, outline and program details. Our presence on the web is growing. Justin Flores is doing a beautiful issue for us next month with original illustrations. We are working with the USJF to offer joint camps, clinics and funding for events. I got to see a lot of great people at camps, clinics and tournaments around the country this month and I hope to do it all over again in August.

JUDO ON THE WEB!

Interested in the election?

The USJA Website http://usja-judo.org/

Judo Forum USJA – maintained by Neil Ohlenkamp http://judoforum.com/index.php?showforum=25

Election site by me, http://www.newusja.us/ Not USJA sponsored and only the people who I had time to put up before I left. (Sorry, Deb Fergus, Mark Hunter, Marc Cohen & Lowell Slaven - I will get to it when I get back from camp).

Other sites that may or may not have election information but definitely have judo stuff

USJA on Facebook

http://www.facebook.com/group.php?gid=42008194147&ref=ts

Free judo resources. You have to see it. http://www.usja-development.com/resources/

My blog http://drannmaria.blogspot.com/

Ronda's blog http://www.rondarousey.net/blog/?page id=4

AUGUST ISSUE TO FEATURE ORIGINAL ARTWORK FROM JUSTIN FLORES Get your ad in now

Send us your ads! Support the USJA. Remember world team member, U.S. Open champion and more Justin Flores? Well, Justin graduated from college with an art degree, now works in the advertising business and illustrates children's books. He also runs a graphic design company.

Justin offered to show case many of his illustrations in the AUGUST ISSUE of GROWING JUDO. Want to get your ad out to thousands of people? We will be selling advertising for the August issue. \$100 for a full page ad, \$55 for ½ page, \$30 for a ¼ and \$25 for 1/8 page. Half the money goes to the artist and the other half to the USJA Development Fund. An example of Justin's work is below.

We will have the same news as always next month, as well as more on the upcoming election, and several original pieces designed just for Growing Judo. Here is an example below.

Send your check or money order to: United States Judo Association 21 N. Union Blvd Suite 200 Colorado Springs, CO 80909-5742

We also take credit cards over the phone: (877) 411-3409



Dear Dr, President, Sensei, fellow Judoka,

USJA has been very good to me and my family. We were less than weekly competitors but loved "our" judo time. I was once able to visit Colorado Springs back in the mid '90's when my club was very active. The comparison then was USJA and Dr. Kano. I was almost able to visit the US Olympic US judo training camp but was told it was only for the high-end competitors. NOT this over weight "Recreational player" That kind of is not what Dr. Kano said to try to get the Way into the mainstream for all.

We have tried to be supportive to USJA by membership, annual and Life. Supported the purchase of feet in the dojo, purchased manuals, obtained certifications and maintained child safety, and promoted thru USJA.

I have always felt a part of the USJA because I felt it was US judo. Not an elite judo association. I did once belong to all the USJA, USJI, USJF, NYjudo, Kodokan. I thought if I had all those letters behind my name I could better my judo club. Judo bettered my club.

As I now only visit a dojo now and again and as I await the birth of my 1st grandchild, I still keep judo close to my heart and wonder if there is an infant size judo gi. I can't wait for baby to throw big grandpa on the floor. Ippon!

Thank you for USJA and all your work to keep it My family's USJA.

Yours in exploring Judo

Joe Schneemann
Formally with Post/Crew 1882 BSA Judo-Kai NY 0066

FIGHT LIKE A GIRL

Date: Aug. 8 and 9, 2009

Where: Southside Dojo

Times: August 8, 2009, 12pm to 1pm Sunday, August 9, 2009,

If you will be joining us for the Sunday Clinic we will be starting at 9am.

All are welcome to join in at 1pm for a Joint work out Sunday August 9th.

Clinicians: Kelsey Bostic, Louise Ullman, Deborah Fergus

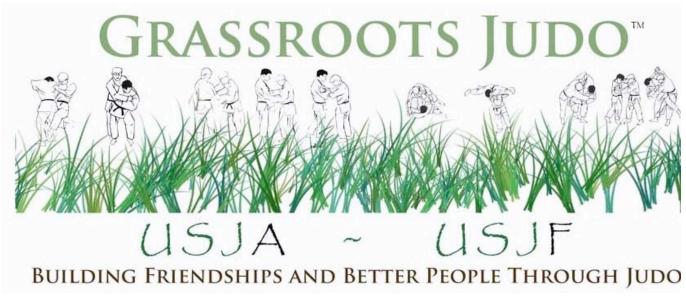
Saturday or Sunday only session \$20.00, Saturday and Sunday, \$30.00

Campers bring your sleeping bag and any personal item you will want for the stay.

Included for the campers, will be cookout Saturday night and breakfast cereal, muffins and juice in the morning and a snack lunch Sunday

Contact: Deborah Fergus, mailto:defrgs6@att.net Please fill in the last sheet of this Flyer and e-mail or post to: Deborah L. Fergus, 2006 Wickwire Rd. Benton Harbor, Mi. 49002. Pre-registration will be appreciated in order to plan the events and meals for the campers.

Location: Southside Dojo, 8534 Portage Rd. Portage, Mi. 49002, 269 385 0111



2009 High School National Judo Championships

Friday-Saturday, August 14-15, 2009

Hosted by: 50th State Judo Association

Sanctioned by: United States Judo Federation #09-08-02

Tournament Headquarters: Ohana Waikiki East Hotel 2375 Kuhio Avenue, Honolulu, Hawaii 96815

Tournament Site: Neil S. Blaisdell Center

777 Ward Avenue, Honolulu, Hawaii 96814

Tournament Director: Ray Imada; e-mail: rayimada@gmail.com

Tel: 808-330-5413; Fax: 808-6788835

Officials / Coaches

Referee report time on Saturday, August 15 at Tournament site at 8:00 am. Coaches briefing will be at 9:00 – 9:30 am. Event passes/request for information form follow.

Request to all Volunteers:

If you are available to work as a Referee, Technical Official, or general Tournament staff, please notify Tournament Director as soon as possible

The 50th State Judo Association will be hosting a welcome Luau for participants and officials on Friday, August 14. This is in conjunction with the Great Hawaiian Fitness Junior Judo Tournament to be held on the same weekend.

Bus transportation will be available on tournament day, to and from Headquarter hotel and tournament site. Information will be available at registration.

United States Judo Association Board of Directors Meeting Technical Officials Committee Report Chairman: Mr. Charles Schweizer June 2009

With the 2009 competition rules having been changed the technical officials program also is in need of updating. To this end the committee is working on revamping and updating the program.

First the program needs to change the way it is developed to come more in line with other programs. The following is a list of proposed changes submitted for the approval of the USJA Board of Directors.

- 1. Renaming each of the levels as follows:
 - a. Level E Technical Official: Capable of serving as scorekeepers, timekeepers, bracket keepers, osae-komi timers, weigh-in, and registration officials.
 - Level D Technical Official: Capable of serving as bracket makers, table supervisors, coordinators, and able to train and certify Level E officials.
 - c. Level C Technical Official: Capable of serving as technical advisors, liaison, and mediators and able to train and certify level D officials. Two level C Technical Officials may certify new level C officials.
- 2. Point values for certification:
 - a. Level E: 2 points/year for the first five years
 - b. Level D: 4 points/year for the first five years
 - c. Level C: 6 points/year for the first five years
- Point values for service to Judo:
 - i. 1 point per local tournaments
 - ii. 2 points per regional/state tournaments
 - iii. 3 points per day for national tournaments*
 - iv. 5 points per day for international tournaments* (Am-Can, Pedro's Challenge, Liberty Bell, NY Open, etc)
- * National and International tournaments may have additional requirements in order to work as a technical official. In many cases the technical official must be a certified national referee or higher.
 - 4. Point values for certifications granted: (Level D and E Only)
 - a. Level E: 1 point per certification
 - b. Level D: 2 points per certification
 - c. Level C: 3 points per certification

The following is a list of improvements and changes that have been developed and will be included in the new Technical Official manual.

- 1. Updating and combining the current technical official (level E) and supervisor's manuals (level D) into a single manual.
 - a. This manual will also include the level C certification program that I have been researching and writing the past few years.
 - b. Recommended course for training new technical officials (all levels)
 - c. Updating rules and bracket information to the 2009 standards.
 - d. Establishing minimum qualifications for each of the levels of certification.
- 2. Updating the current tests and testing procedures
 - a. New written evaluations (all levels)
 - b. New practical testing rubrics to assess technical official's actions during competition. (Level E and D)
- 3. Updating the Web page to reflect current information.

Special thanks to Ken Pacunas (NH), Earl DelValle (FL), and James Wall (LA) who have held clinics and certification tests in the past year.

Special thanks to Nancy Panula (NY) who has traveled all over the north east to serve as a technical coordinator and examiner at various tournaments (Pedro's Challenge, Starrett Cup, Kazuko Open, Nakabayashi Cup, and Empire State Games, to name a few).

Special thanks to John Moe for updating the web site whenever I send him information.

Special thanks to Jill Schweizer who is finishing the editing on the new manual and should be ready by the end of June.

A copy of the new manual will be e-mailed to the BOD by the end of June or early July.

Report submitted by Mr. Charles Schweizer Chairman USJA Technical Officials Committee

USJA JUNIOR NATIONAL RESULTS

For immediate release: SPORTS

The following are the results for the 2009 United States Judo Association Junior National Judo Championship held at Town and Country Convention Center, San Diego, CA.

Bantam/Intermed Category Divisions:

Contestant's Name (Hometown / State Code / Club Name)

DIVISION: Girls Intermed. B; 28 Kg

- 1. Alyssa Walb (San Marcos, CA / Team Elite)
- 2. Kayla Verlinden (San Jose, CA / Cupertino Judo)

DIVISION: Girls Intermed. B; 31 Kg

- 1. Ashley Fernando (Bonita, CA / Migoto)
- 2. Cynthia Mariel Gomez (El Centro, CA / Gatos Salvajes)

DIVISION: Girls Intermed. B; 34 Kg

- 1. Erin Butts (Fontana, CA / LACC)
- 2. Helen Woodruff (Sunnyvale, CA / Cupertino Judo)
- 3. Mckenzie McDaniel (Clinton, UT / Kaizen Judo Dojo)
- 4. Anjena Mendias (Whittier, CA / Industry Sheriff)

DIVISION: Girls Intermed. B; 42 Kg

- 1. Amariah Palacio (Covina, CA / Mojica Judo)
- 2. Megan Roberts (Perris, CA / Temecula Valley)
- 3. Skye Bruce (Simi Valley, CA / Simi Valley Judo)
- 4. Eileen McNair (Claremont, CA / San Gabriel Judo)

DIVISION: Girls Intermed. B; 48 Kg

- 1. Kristen Kojima (Kapolei, HI / Pearl City Hongwanji)
- 2. Alyssa LaFrancis (Vista, CA / San-Shi)
- 3. Julia DeMars (Santa Monica, CA / Sawtelle Judo)

DIVISION: Girls Intermed. B; 53 Kg

- 1. Olivia Winsor (Lynnfield, MA / Pedro's Judo Club)
- 2. Angelica Romero (Las Vegas, NV / Ryoku Judo Club)
- 3. Rachael Butler (Pleasanton, CA / Tri-Valley)

DIVISION: Girls Intermed. B; +53 Kg

- 1. Stephanie Ovalle (La Puente, CA / Industry Sheriff)
- 2. Kendall Reusing (Riverside, CA / Konaku)
- 3. Bianca Rojo (West Covina, CA / Guerreros Judo Club)

4. Kaelin O'Sullivan (Marblehead, MA / Pedro's Judo Club)

DIVISION: Girls Intermed. A; 26 Kg

- 1. Mykal-Michele Howard (Pasadena, CA / Guerreros)
- 2. Ruby Hays (Santee, CA / Unidos Judo)

DIVISION: Girls Intermed. A; 30 Kg

- 1. Zoe Tateyama (Ewa Beach, HI / Pearl City Hongwanji)
- 2. Lydia Bangert (Shoreview, MN / Skyway YMCA Judo)
- 3. Marlina Luz (Sacramento, CA / Team Sacramento)
- 4. Sierra Widmar (Dilltown, PA / Dilltown Judo)

DIVISION: Girls Intermed. A; 34 Kg

- 1. Helen Olivera (Baldwin, CA / Mojica)
- 2. Elanete Howard (Pasadena, CA / Guerreros)
- 3. Emma Bangert (Shoreview, MN / Skyway YMCA Judo)

DIVISION: Girls Intermed. A; 38 Kg

- 1. Elizabeth Wright (Hinkley, CA / Barstow Judo Club)
- 2. Camaryn Butler (Pleasanton, CA / Tri-Valley)

DIVISION: Girls Intermed. A; 43 Kg

- 1. Ashley Fernald (Escondido, CA / Team Elite)
- 2. Lizeth Flores (West Covina, CA / Industry Sheriff)

DIVISION: Girls Intermed. A; +43 Kg

1. Kaelin O'Sullivan (Marblehead, MA / Pedro's Judo)

DIVISION: Girls Bantam 3; 23 Kg

1. Katherine Jordan (Boxford, MA / Pedro's Judo)

DIVISION: Girls Bantam 3; 27 Kg

- 1. Sierra Widmar (Dilltown, PA / Dilltown Judo Club)
- 2. Skyler Cummings (Brooklyn, CT / Kuzoku Judo)
- 3. Alexandra Walling (San Diego, CA / Unidos Judo Club)

DIVISION: Girls Bantam 2; 25 Kg

- 1. Katherine Jordan (Boxfort, MA / Pedro's Judo Club)
- 2. Isabella Coulter (Pasadena, CA / San Gabriel Judo)
- 3. Beatriz Sanchez (La Puente, CA / Guerreros Judo Club)
- 4. Christina Sofia Medina Garduno (MEX / Red Dragon)

DIVISION: Girls Bantam 1; 19 Kg

1. Cailin Chung (Daly City, CA / Cahills)

DIVISION: Girls Bantam 1; 23 Kg

1. Jazmin Reyes (San Marcos, CA / San-Shi)

DIVISION: Boys Intermed. B; 28 Kg

- 1. Robert Gomez (La Puente, CA / Guerreros Judo Club)
- 2. Adam Valdez (Barstow, CA / Barstow Judo Club)
- 3. Gregory Mikitarian (Burbank, CA / Hayastan)
- 4. Jr Foster (Ocean Springs, MS / Gulf Coast)

DIVISION: Boys Intermed. B; 31 Kg

- 1. David Oganesyan (Valley Glen, CA / Hayastan)
- 2. Miguel Angel Quintero (Mexicali, MEX / Gatos Salvajes)
- 3. Hovik Kadayan (N. Hollywood, CA / Hayastan)
- 4. Micah Durling (Dublin, CA / Nor-Cal Elite)

DIVISION: Boys Intermed. B; 34 Kg

- 1. Vahan Ghevondian (Fresno, CA / West Clovis Judo)
- 2. Peter Roy (Salem, MA / Pedro's Judo Club)

DIVISION: Boys Intermed. B; 38 Kg

- 1. Tigran Movsesyan (Los Angeles, CA / Hayastan)
- 2. Nicolas Gil (Oxnard, CA / Encino Judo)
- 3. Matthew Ontiveros (Roseville, CA / Team Sacramento)
- 4. Myles Honda (Torrance, CA / South Bay Judo)

DIVISION: Boys Intermed. B; 42 Kg

- 1. Haykaz Oganyan (Los Angeles, CA / Hayastan)
- 2. Aldo Arias (San Ysidro, CA / Migoto)
- 3. Eric Oshima (Palo Alto, CA / Palo Alto Judo)
- 4. Ethan Skarmas (Stockton, CA / Stockton Judo Club)

DIVISION: Boys Intermed. B; 48 Kg

- 1. Anthony Pedro (Methuen, MA / Pedro's Judo)
- 2. Paul Shim (Los Angeles, CA / Los Angeles Judo)
- 3. Luke Troy (Riverside, CA / Goltz Judo Club)
- 4. Edward Akhverdyan (North Hollywood, CA / Hayastan)

DIVISION: Boys Intermed. B; 53 Kg

- 1. Joel Robertson (Saint Paul, MN / Skyway YMCA/East Si)
- 2. Kile Young (Whittier, CA / San Gabriel Judo)
- 3. John Wright (Hinkley, CA / Barstow Judo Club)

DIVISION: Boys Intermed. B; +53 KG

- 1. Jason Olah (Burbank, CA / Valley Judo Institute)
- 2. Alex Indzheyan (Valley Village, CA / Hayastan)
- 3. Roberto Padilla (Los Angeles, CA / Los Angeles Judo)

DIVISION: Boys Intermed. B; +53.1Kg

- 1. Devin Sobay (Wichita Falls, TX / Texoma)
- 2. Hugo Munoz (Apple Valley`, CA / High Desert)

DIVISION: Boys Intermed. A; 26 Kg

- 1. Ka'ua Nishigaya (Honolulu, HI / Shobukan Judo)
- 2. JR Foster (Ocean Springs, MS / Gulf Coast Judo)
- 3. Ralph Luna III (Fowler, CA / Fowler Judo)

DIVISION: Boys Intermed. A; 30 Kg

- 1. Yitzak Molina (West Covina, CA / Mojica Judo Club)
- 2. Robert Abrahamian (Winnetka, CA / Hayastan)
- 3. Ka'ua Nishigayi (Honolulu, HI / Shobukan)
- 4. Elijah Palacio (Covina, CA / Mojica Judo)

DIVISION: Boys Intermed. A; 34 Kg

- 1. Peter Troy (Riverside, CA / Goltz Judo Club)
- 2. Matthew Torres (La Puente, CA / Guerreros Judo Club)
- 3. Harut Akhverdyan (Van Nuys, CA / Hayastan)
- 4. Andres Gonzales (Calexico, CA / Gatos Salvajes)

DIVISION: Boys Intermed. A; 38 Kg

- 1. Jordan Nagai (Los Angeles, CA / Sawtelle Judo)
- 2. Lachlan Anderson (Huntington Beach, CA / Konjo)
- 3. Valodia Shakhbandaryan (Burbank, CA / Mojica Judo Club)
- 4. Jesus Reyes (San Marcos, CA / San-Shi)

DIVISION: Boys Intermed. A; 43 Kg

- 1. Albert Karapetian (Glendale, CA / Hayastan)
- 2. Aram Tarkhanyan (Panorama City, CA / Hayastan)
- 3. Tristan Zepeda (El Centro, CA / Gatos salvajes)

DIVISION: Boys Intermed. A; +43 Kg

- 1. Eric Kalajyan (Burbank, CA / Hayastan)
- 2. Anthony Katrdzhyan (N. Hollywood, CA / Hayastan)
- 3. Semin Seem (Beverly Hills, CA / Los Angeles Judo)
- 4. Thomas No (Los Angeles, CA / Los Angeles Judo)

DIVISION: Boys Bantam 3; 23 Kg

- 1. Hunter Izumi (Honolulu, HI / Shobukan Judo)
- 2. TJ LaFrancis (Vista, CA / San-Shi)
- 3. Evan Chung (Daly City, CA / Cahill's)

DIVISION: Boys Bantam 3; 27 Kg

- 1. Koali Nishigaya (Honolulu, HI / Shobukan Judo)
- 2. Gagik Davtian (N. Hollywood, CA / Hayastan)
- 3. Harut Sarkisyan (Los Angeles, CA / Hayastan)
- 4. Joseph Riesta (Cucamonga, CA / Goltz Judo)

DIVISION: Boys Bantam 3; 31 Kg

- 1. Koali Nishigayi (Honolulu, HI / Shobukan)
- 2. Jackson Butler (Pleasanton, CA / Tri-Valley Judo)
- 3. Gerry Fulgentes (Simi Valley, CA / Mojica Judo Club)
- 4. Eric Flores (Corona, CA / Rohaku Judo)

DIVISION: Boys Bantam 3; 35 Kg

- 1. Ian Hutchinson (Santa Monica, CA / Sawtelle Judo)
- 2. Tyler Galanis (Mesa, AZ / Heart Judo)

DIVISION: Boys Bantam 3; + 35 Kg

- 1. Austin Jacob (Santa Rosa, CA / Redwood Coast)
- 2. Nick Danielyan (Palm Dale, CA / Antelope Valley)

DIVISION: Boys Bantam 2; 25 Kg

- 1. Isaiah Ramirez (Barstow, CA / Barstow Judo Club)
- Christian Navida (San Marcos, CA / Team Elite Judo)
- 3. Alejandro Ruiz-Orozco (Mexicali, MEX / Gatos Salvajes)
- 4. Eric Katrdzhyan (North Hollywood, CA / Hayastan)

DIVISION: Boys Bantam 1; 19 Kg

1. Andrew Rojo (West Covina, CA / Guerreros Judo Club)

DIVISION: Boys Bantam 1; 23 Kg

- 1. Masami Blaze Sumiye (Ewa Beach, HI / Pearl City Hongwanji)
- 2. Ryan Talamantes (West Covina, CA / Guerreros Judo Club)
- 3. Micaiah Hankins (Corona, CA / Kohaku Judo)
- 4. Elijah LaFrancis (Vista, CA / San-Shi)

DIVISION: Boys Bantam 1; + 28 Kg

- 1. Jared Causse (Westminster, CA / Konjo)
- 2. Diego Sanchez Solano (San Ysidro, CA / Red Dragon)

DIVISION: Boys Bantam 1; Open

1. Micaiah Hankins (Corona, CA / Kohaku Judo Club)

DIVISION: Boys Bantam Jr.; 23 Kg

1. Cole Coggins (South Weber, UT / Kaizen)

DIVISION: Female Juvenile A; 44 Kg

- 1. Jayde Katagihara (Arcadia, CA / San Gabriel Judo)
- 2. Amy Suzuki (San Jose, CA / San Jose Buddhist)
- 3. Lauren Kikuchi (Arcadia, CA / San Gabriel Judo)
- 4. Pricila Fernandez-Luque (Mexicali, MEX / Gatos Salvajes)

DIVISION: Female Juvenile A; 48 Kg

- 1. Jennifer Adachi (Los Altos, CA / Cupertino Judo)
- 2. Victoria Burke (Livermore, CA / Nor-Cal Elite)
- 3. Peruza Danielyan (Palm Dale, CA / Antelope Valley)

DIVISION: Female Juvenile A; 53 Kg

- 1. Katherine Woodruff (Sunnyvale, CA / Cupertino Judo)
- 2. Brandi Elizalde (San Dimas, CA / Mojica Judo Club)

DIVISION: Female Juvenile A; 58 Kg

- 1. Casey Pedro (Methuen, MA / Pedro's Judo)
- 2. Aleah LaFrancis (Vista, CA / San-Shi)
- 3. Tania Reyes (San Marcos, CA / San-Shi)

DIVISION: Female Juvenile A; 64 Kg

1. Francis Molina (West Covina, CA / Mojica Judo Club)

DIVISION: Male Juvenile A; 36 Kg

- 1. Ean Katagihara (Arcadia, CA / San Gabriel Judo)
- Brandan Neal (West Covina, CA / Industry Sheriff)
- 3. Wyatt Soto (Hacienda Heights, CA / Industry Sheriff)

DIVISION: Male Juvenile A; 40 Kg

- 1. Gevorg Akhverdyan (Van Nuys, CA / Hayastan)
- 2. Donald Moseman iii (San Carlos, CA / San Jose Buddhist)
- 3. Roland Fernando (Bonita, CA / Migoto)
- 4. Wesley Dantzler (Skyesville, MD / College Park Judo)

DIVISION: Male Juvenile A; 44 Kg

- 1. Anthony Igne (North Hollywood, CA / Mojica Judo Club)
- 2. Jordan Griffin (Chula Vista, CA / Heisei Judo)
- 3. Andrey Kozhukhov (La Mesa, CA / Heisei Judo Dojo)
- 4. Aidan Yamada (San Marino, CA / San Gabriel)

DIVISION: Male Juvenile A; 48 Kg

- 1. Alexander Graves (San Marcos, CA / San-Shi)
- 2. Arturo Izar (Mexicali, MEX / Gatos Salvajes)
- 3. Rolando Romero (Las Vegas, NV / Ryoku Judo Club)
- 4. Artur Ghukasyan (Glendale, CA / Kenam's Judo)

DIVISION: Male Juvenile A; 53 Kg

- 1. Nicholas Verlinden (San Jose, CA / Cupertino Judo)
- 2. Alex Oh (Los Angeles, CA / Los Angeles Judo)
- 3. Ardak Kapbasov (Palo Alto, CA / Palo Alto Judo)
- 4. Christopher Lyman (Fontana, CA / Empire Judo)

DIVISION: Male Juvenile A; 58 Kg

- 1. Tomas Fulgentes III (Simi Valley, CA / Mojica Judo Club)
- 2. Adam Betts (Apple Valley, CA / High Desert Judo)
- 3. Luis Mario Medina (Bonita, CA / Kino Judo)
- 4. Daniel Luz (Sacramento, CA / Team Sacramento)

DIVISION: Male Juvenile A; 64 Kg

- 1. David Tavera (San Ysidro, CA / Migoto)
- 2. Michael Assels (Garland, TX / Ruben Martin Judo)
- 3. Christian Robertson (Saint Paul, MN / Skyway YMCA/East Judo)
- 4. Collin Novickas (Huntington Beach, CA / Bunasawa Kai)

DIVISION: Male Juvenile A; +64 Kg

- 1. Bryan Rodriguez (, CA / Kino Judo)
- 2. Ike Bakytuulu (Valley Village, CA / Hayastan)
- 3. Chance Bruce (Simi Valley, CA / Simi Valley Judo)
- 4. Salvador Torres (La Puente, CA / Guerreros Judo Club)

Juvenile B Category Divisions:

Contestant's Name (Hometown / State Code / Club Name)

DIVISION: Female Juvenile B; 44 Kg

- 1. Vanessa Calimquin (Long Beach, CA / South Bay)
- 2. Jessica Lee (Los Angeles, CA / Los Angeles Judo)

DIVISION: Female Juvenile B; 52 Kg

- 1. Amelia Fulgentes (Simi Valley, CA / Mojica Judo Club)
- 2. Anne Bermudez (Lakewood, CA / South Bay Judo)
- 3. Syria Rhodes (Sacramento, CA / Team Sacramento)
- 4. Anne Suzuki (San Jose, CA / San Jose Buddhist)

DIVISION: Female Juvenile B; 57 Kg

- 1. Crystal Butts (Fontana, CA / LACC)
- 2. Elyse Katagihara (Arcadia, CA / San Gabriel Judo)

- 3. Kimberly Otto (Saint Paul, MN / Eastside Judo)
- 4. Jackeline Gallegos (LaVerne, CA / San Gabriel)

DIVISION: Female Juvenile B; 70 Kg

- 1. Christina Gonzales (Hacienda Heights, CA / Industry Sheriff)
- 2. Miranda Marchi (Santa Fe, NM / New Mexico Judo Inst)
- 3. Ani Kiouregyan (Lancaster, CA / Antelope Valley)

DIVISION: Female Juvenile B; +70 Kg

- 1. Amanda Thomas (Temecula, CA / San-Shi)
- 2. Nicolette Garrety (Oxnard, CA / Encino Judo Club)

DIVISION: Male Juvenile B; 51 Kg

- 1. Erik Collin (Valley Center, CA / San-Shi)
- 2. Daniel Fasula (Oceanside, CA / Mojica Judo Club)
- 3. Robert Romo (Apple Valley, CA / High Desert)
- 4. Jared Kikuchi (Arcadia, CA / San Gabriel Judo)

DIVISION: Male Juvenile B; 55 Kg

- 1. Tyler Kono (Kapolei, HI / Pearl City Hongwanji)
- 2. Romik Hovhannisyan (Glendale, CA / Mojica Judo Club)
- 3. David Honda (Torrance, CA / South Bay Judo)
- 4. Christian Merrill (Lancaster, CA / Antelope Valley)

DIVISION: Male Juvenile B; 60 Kg

- 1. Masato Fukushima (Torrance, CA / Long Beach Judo)
- 2. Justis Olsen (Livermore, CA / Nor-Cal Elite)
- 3. Arnel Fulgentes (Simi Valley, CA / Mojica Judo)
- 4. Steven Glover (Apple Valley, CA / High Desert Judo)

DIVISION: Male Juvenile B; 66 Kg

- 1. Israel Molina (San Ysidro, CA / Migoto)
- Oui Jae Cha (Los Angeles, CA / Los Angeles Judo)
- 3. Millen Wan (San Jose, CA / Cupertino Judo)
- 4. Damian Munoz (Apple Valley, CA / High Desert Judo)

DIVISION: Male Juvenile B; 73 Kg

- 1. Ryan Oshima (Palo Alto, CA / Palo Alto Judo)
- 2. Daniel Collin (Valley Center, CA / Tenri) Three way tie for second.
- 2. Nathan Maratea (Livermore, CA / Nor-Cal Elite)
- 2. David Reeder (Apple Valley, CA / High Desert Judo)

DIVISION: Male Juvenile B; 81 Kg

- 1. Nerses Hamboyan (Glendale, CA / Hayastan)
- 2. Felipe Ovalle (La Puente, CA / Industry Sheriff)
- 3. Bradley Maratea (Livermore, CA / Nor-Cal Elite)

4. Anthony Ballinger (Apple Valley, CA / High Desert Judo)

DIVISION: Male Juvenile B; 90 Kg

1. Christopher Knapp (Sutter Creek, CA / Sacramento Judo)

IJF Junior Category Divisions:

Contestant's Name (Hometown / State Code / Club Name)

DIVISION: Female IJF Junior; 48 Kg

- 1. Anne Suzuki (San Jose, CA / San Jose Buddhist)
- 2. Victoria Burke (Livermore, CA / Nor-Cal Elite)
- 3. Vanessa Calimquin (Long Beach, CA / South Bay)

DIVISION: Female IJF Junior; 52 Kg

- 1. Amelia Fulgentes (Simi Valley, CA / Mojica Judo Club)
- 2. Anne Bermudez (Lakewood, CA / South Bay Judo)
- 3. Syria Rhodes (Sacramento, CA / Team Sacramento)

DIVISION: Female IJF Junior; 57 Kg

- 1. Rachel Garcia (La Puente, CA / Guerreros Judo Club)
- 2. Crystal Butts (Fontana, CA / LACC)
- 3. Kimberley Otto (St. Paul, MN / East Side Judo)

DIVISION: Female IJF Junior; 70 Kg

- 1. Crystal Butts (Fontana, CA / LACC)
- 2. Jussine Melrose (Spring Valley, CA / Heisei Judo)
- 3. Veronica Vine (Billings, MT / Park's Martial Arts)
- 4. Allenita Perez (Barstow, CA / Barstow Judo Club)

DIVISION: Female IJF Junior; 78 Kg

- 1. Marialeonor Arce (, CA / Kino Judo)
- 2. Nicolette Garrety (Oxnard, CA / Encino Judo Club)

DIVISION: Male IJF Junior; 55 Kg

- 1. Romik Hovnnisyan (Glendale, CA / Mojica)
- 2. Raysean Marchi (Santa Fe, NM / New Mexico Judo Inst)
- 3. Ben Bermudez (Lakewood, CA / South Bay)

DIVISION: Male IJF Junior; 60 Kg

- 1. Victor Wong (Saratoga, CA / Cupertino Judo)
- 2. Aaron Katayama (La Habra, CA / OCK)
- 3. David Olsen (Lucerne Valley, CA / Team Katame)

DIVISION: Male IJF Junior; 66 Kg

1. Gary Zakarian (Glendale, CA / Hayastan)

- 2. Grayson Lindstrom (Livermore, CA / Nor-Cal Elite)
- 3. Steven Lee (Fresno, CA / West Clovis Judo)
- 4. Brent Yasukochi (Oceanside, CA / San-Shi)

DIVISION: Male IJF Junior; 73 Kg

- 1. Harmik Aghakhani (Glendale, ČA / Hayastan)
- 2. Allan Fregoso (Chula Vista, CA / Heisei Judo Dojo)
- 3. Gabriel Little (Albuquerque, NM / New Mexico Judo Inst)
- 4. Andrew Pappas (Cupertino, CA / Santa Clara PAL)

DIVISION: Male IJF Junior; 81 Kg

- 1. Preston Quam (Oceanside, CA / Tenri)
- 2. Bradley Maratea (Livermore, CA / Nor-Cal Elite)
- 3. Aaron Lee (Los Angeles, CA / Los Angeles Judo)
- 4. True Cowan (Princeton, IN / Elite Judo Club)

DIVISION: Male IJF Junior; 100 Kg

- 1. Armen Babayan (Glendale, CA / Valley Judo)
- 2. Jeremy Brodie (Apple Valley, CA / High Desert)
- 3. Christopher Knapp (Sutter Creek, CA / Sacramento Judo)

DIVISION: Male IJF Junior; +100 Kg

- 1. Kachatur Hovhannisyan (Los Angeles, CA / Kenam's Judo)
- 2. Haik Sargsyan (Van Nuys, CA / Hayastan)

2009 USJA JUNIOR NATIONAL KATA CHAMPIONSHIPS RESULTS

NAGE NO KATA

Junior Boys

1st Place Jordan Nagai, Tori - Sawtelle Judo, LA, CA Hunter Nagai, Uke - Sawtelle Judo, LA, CA

2nd Place Gary Matsumoto, Tori - Sawtelle Judo, LA, CA lan Hutchinson, Uke - Sawtelle Judo, LA, CA

Team Results

- 1. Hayastan
- 2. Mojica Judo Club
- 3. Guerreros Jud

Sensei Gary Birthday Tournament 06-27-2009

Hosted By Goltz Judo Club

Winners:

	Α	В	С	D
1	Division	Name	Club	Place
2	Boys 10-11 MW	Nick Gil	Encino	1
2		Eduardo		
3		Ruizorozco	Gatos	2
4		Caleb Karmann	Goltz	3
5		Matias Monge	Gatos	
6		Luis Gonzalez	Goltz	
7		Antonio Cortina	Goltz	
8				
9	Boys 11-13 Intermediate	Ethan Skarmos	Stockton	1
10		Luke Troy	Goltz	2
11			Industry	3
12		Wyatt Soto	Mountain	3
13		Sagen Fowler	Mountain	
13		Christophor		
14	Boys 12-14 Novice MW	Christopher Cedeno	Goltz	1
15		Jose Hernandez	Industry	2
16		Reynard Roebini	Goltz	3
17				
	Boys 12-16 Grn &			
18	Brown	Kamal Andrawis	Discover	1
19		Felipe Ovalle	Industry	2
20		Tony Ballinger	High Desert	3
21		Harout Altunyan	AV Judo	

22		Mason Kumashiro	ОСК	
23				
24	Boys 12-16 MW	Roberto Camarena	Kino	1
25		Cameron Wagstaff	Discover	2
26		Christopher Lyman	Empire	3
27		Gregory Csik	Goltz	
28				
29	Boys 13-14 Intermediate LW	Eder Flores	Ryokyu	1
30		Rolando Romero	Ryokyu	2
31		Quinn Bechard	Discover	3
32		Artur Ghakosyan	Kenam	
33		Seryozha Asatryan	Kenam	
34				
35	Boys 13-16 Intermediate MW	Adam betts	High Desert	1
20		Maxwell	2016	
36		Kumashiro	OCK	2
37		Steven Glover	High Desert	3
38		Skyler Lucci	Dynamo	
39				
40	Boys 15-17 Novice	Eduardo Lopez	Spinning Top	1
41		Ilan Ariel	Dynamo	2
42		Misael Garcia	Spinning Top	3
43		Victor Cornejo	Spinning Top	
44		Jesse Mahan	Goltz	
45				
46	Boys 5-6 Beginners LW	Colin O'Neill	Goltz	1
47		Luis Guzman	Empire	2
48		Jason Chang	West Covina	3
49		Joshua Meza	Goltz	J
73	l	JUSTIUA IVIEZA	GUILZ	

50		Cash Warner	Discover	
51		Nicolas Meza	Goltz	
52				
			Team	
53	Boys 7-8 MW	Christian Navida	Elite	1
54		Teddy Okada	OCK	2
55		Gayzka Torres	Gatos	3
56		Joseph Riestra	Goltz	
57		Isaac Rosen	Hidalgo	
58		Kamdin Karmann	Goltz	
59				
60	Boys 7-8 Novice LW	Alejandro Ruizorozco	Gatos	1
61		Mauricio Garcia	Ryokyu	2
62		Kameron Clark	Goltz	3
63		Ethan Alfelor	Kohaku	
64		Bryan Roebini	Goltz	
65				
66	Boys 8-10 Orange	Nathan Navida	Team Elite	1
67		Damon Wade	LACC	2
68		Peter Troy	Goltz	3
69		Teddy Okada	ОСК	
70		Nick Daniyelyan	AV Judo	
71		Miguel Quintero	Gatos	
72				
73	Boys 9 Beginners MW	Tristan Zepeda	Gatos	1
74		Jesus Reyes	San Shi	2
75		Samuel Magadan	CMS	3
76				
77	Boys 9-10 Beginners MW	Moises Solona	Gatos	1
78		Sean Reagan	Empire	2
79		Josh Reagan	Empire	3

80		Daniel Diaz	CMS	
81				
82	Co-ed 4-5 Beginners LW	Natalia Montiel	Spinning Top	1
83		Victor Ortiz	Empire	2
84		Kylee Pricco	Goltz	3
85				
86	Co-ed 7-8 Beginners MW	Jose Monge	Gatos	1
87		Mariah Montiel	Spinning Top	2
88		Jaelyn Wade	LACC	3
89		Kaitlin Sambrano	Empire	
90				
91	Girls 11-14 Advanced	Tania Reyes	San Shi	1
92		Kendall Reusing	Kohaku	2
93		Stepahnie Ovalle	Industry	3
94				
95	Girls 12-13 Beginners LW	Pricila Fernandez	Gatos	1
96		Peruza Daniyelyan	AV Judo	2
97				
98	Girls 13-16	Kjersti Gustafson	Mountain	1
99		Mikali Walker	Ogden	2
100		Ani Kiourebian	AV Judo	3
101				
102	Girls 5-7 Beginners MW	Savannah Magadan	CMS	1
103		Jasnea Tosh	Ryokyu	2
104		Jazmin Reyes	San Shi	3
105				
106	Girls 9-10 Intermediate LW	Cynthia Alanis	Gatos	1
107		Aeris Stewart	Goltz	2
108		Anjena Mendias	Industry	3

109		Vanessa Montiel	Spinning Top	
110				
111	Girls 9-10 Novice	Samantha Mendoza	Kohaku	1
112		Darlene Boltz	Empire	2
113		Diana Danieyelyan	AV Judo	3
114				
115	Seniors Men Black & Brown MW	Gavin Purdy	Goltz	1
116		Cesar Lazcano	Goltz	2
117		Greg Aprahamian	Goltz	3
118		Dylan Blackburn	Berkeley	
119		James Slattery	Goltz	
120				
121	Seniors Men Black & Brown HW	Guillermo Del Rio	Kino	1
122		Jeremy Brody	High Desert	2
123		Matthew Farah	Goltz	3
124		Parisu Komnadat	Judo America	
125				
126	Seniors Men Black & Brown LW	Gary Moore	High Desert	1
127		Anthony Negron	Goltz	2
128		Steve Shilling	OCK	3
129		John Alvarado	Jundokai	
130		Mason Kumashiro	OCK	
131		Mevin Phillips	LACC	
132				
133	Seniors Men Novice LW	Jonathan Mendoza	Spinning Top	1
134		James Horine	Riverside	2
135		Michael Valva	Infinity	3
136		Esteban Cornejo	Spinning Top	

137				
138	Seniors Men Novice HW	Mike O'Neill	Goltz	1
139		William Preston	Riverside	2
140		Ruben Ramirez	Spinning Top	3
141		Kodir Rulien	Dynamo	
142		Roberto Ochoa	Spinning Top	
143				
144	Seniors Men Novice MW	Andrew Robertson	Riverside	1
145		Abraham Salais	Infinity	2
146		Andrew Slattery	Infinity	3
147				



Fargo, North Dakota Clinic by Charlie Robinson, hosted by Vern Borgen

More about the Fargo Judo players: The yellow belt is a Nurse at the Veterans Hospital, the green belt is a PhD candidate as a Sociologist. Most of the Coach candidates are highly educated, as the North Dakota University, Fargo is basically an engineering School. About 75% of the participants are Graduate engineers.

The Women's Sports Foundation and Rena "Rusty" Kanokogi are proud to announce the newly established Women's Judo Scholarship Judoka in need of financial assistance for items such as travel, uniforms and specialized coaching may request up to \$5,000. All applications for this grant must be sent in to the Women's Sports Foundation office on or before September 30, 2009. The winners of the grants will be selected and awarded in November 2009.

We recognize that you have a great program and training center for women and men alike that teaches them the fundamentals of judo, and aims to make them better judo competitors. Because of this, we are asking for your help in promoting this valuable and exciting opportunity. Here's what we are asking you to do: Place a brief grant description on your Web site, in your schedule/events calendar or in your enewsletter, and link it to the guidelines and application for the Rusty Kanokogi Fund for the Advancement of U.S. Women's Judo Grant.

Also, discussing this grant with any and all female judo competitors that you know would help spread the word immensely. We want to make this as easy as possible, so feel free to use the grant description provided (see below electronic signature).

Anything you can do would be greatly appreciated, and we would like to thank you for your support.

Sincerely,

Elizabeth L. Flores *Program Officer*

Women's Sports Foundation Eisenhower Park 1899 Hempstead Turnpike, Suite 400 East Meadow, NY 11554 t 516.542.4700, ext. 115

Spring has been a busy time at Texoma Judo!



There have been a lot of things going on at Texoma Judo this spring!

We started off early in March, with a clinic instructed by Ray Silverstrand Sensei. Over 30 judoka participated in this clinic, learning new techniques in both Judo and Ju Jitsu. Our juniors absolutely loved Ray Sensei. They even clapped after every demonstration he did!





The month of May saw us running around getting the 2nd Annual Terry Kelly All Female Open Tournament up and running. What a great time we had! There were 68 competitors, with representatives from New Mexico, Colorado, Oklahoma, Texas, Michigan, and Arkansas.

"This was the most fun I've had a tournament in years! I got more matches than I have in the last three tourneys together, and the attitude of everyone there--competitors, coaches, refs, table workers and all the families--was just phenomenal. Roy Hash deserves high commendation for this fabulous event."

"I can not express my thanks enough to Coach Hash, Deb Fergus and all of the other supporters and promoters of Women's Judo events for having these types of events. These are very important events in my opinion and are wonderful no matter where you have to come from."

"Super fun tournament! I highly recommend it to everyone! Plus how often do you get to fight 11 matches in 1 tournament (between the 3 Denver Judo ladies, we fought 32 matches!!) Thanks Coach Hash!"

(Excerpts taken from JudoForum.com.)



The two mat tournaments went off well. We had a great time and plan on having this be a regular event. Women's judo is growing in Texas!

(Tournament photos courtesy of judopodcast.com)



June 8-12 saw Texoma Judo playing host to the 6th annual Lone Star Judo Competitive Skills Development Training Camp. Players from all over came to study with fantastic instructors like Ruben Martin, Terry Kelly, Pete Mantel, Destinee Tartuffe, Michael Dobbs, Gene Davis and Amy Kelly. We had three 3-hour sessions each day, with food and fellowship in between. Juniors, Seniors, and Masters were all represented and had a really fun time.

Pete Mantel ran a coaching certification clinic that was much more than just lecturing us. He had us out on the mat, showing us techniques, games, warm-ups, and how to do demonstrations for our students. This was by far the most in-depth coaching clinic I have heard about anywhere.

We had players from California, Oklahoma, Texas, Arkansas, and Virginia. Those that traveled to the camp were able to stay on campus at Midwestern University. Nothing but good things were said about the food and accommodations.

Doing 9 hours of Judo each day, most of us felt worn and tired. All 38 campers felt like they were taking a lot home with them. We had an opportunity to watch a Nage-No-Kata performed for a Shodan grading, and a few promotions were granted. We topped it all off with a dinner on Friday night. Many of us got to see some old friends, and make new ones at this event. We hope to see even more next year.

"Thanks for hosting this great camp. I can't tell you how useful it was for me. I also want to

congratulate you for running a great club - it is quite obvious that it's a good club by observing how competent and happy all the kids were."



All these camps and clinics are having a fantastic effect on Texoma Judo players too. We are posting more and more wins. One of our shining stars is Devin Sobay. He's just come back from the USJA Junior National, winning his 3rd consecutive National title, this year in the intermediate B, 53+ kg division. Congrats, Devin! We are also getting more involved in the administration of the USJA. Our own Roy Hash Sensei has been appointed to the USJA Board of

Directors **and** voted in as it's newest Vice President. Coach Roy can be contacted via email using **royhash@juno.com**.

Coach isn't through yet, either. He and Mike Steigerwald are currently planning and preparing for a Judo, Jujitsu and Kung Fu clinic in Lincoln, NE. on 9/25-9/26. Mike is an assistant Ju Jitsu coach and a 6th and in Kung Fu. He is the Sifu of Green Dragon Kung Fu in Wichita Falls as well as being a member of Texoma Judo.



Yep, we keep busy at Texoma Judo in the spring, and summer, and fall...and...well you get the idea...

-Dan Brownfield

(Except where noted, all photos were taken by Tina Brownfield)

FARGO, ND COACH CERTIFICATION CLINIC

The Clinic in Fargo was very successful, and turned out being much more than a Clinic for Coach Certification. No examiner had been in Fargo for eighteen (18) years, as stated by Vern Borgen, the Head Coach. During the three-day clinic, twenty hours of evaluating, demonstrating, practicing and other activities were accomplished. The nineteen Coach applicants came prepared with lesson plans they taught, and with their letters of why they desired to be a coach. They all participated in evaluating competition on videos, and each other's lessons. Many of the clinic participants were eligible for Rank promotions, and Rank evaluations were accomplished, as well one Rank Examiner was recommended for advancement.

Although the Clinic was scheduled for three days, much of the activity that was not directed to the Coach Certifications took place the night before the Clinic. Early arrival to Fargo allowed for an extra session, the night before the Clinic. Vern Borgen has been the head instructor in Fargo for several years. Many of those were at the University of North Dakota, Fargo, where Judo was first established. Now the Club is off Campus. There have been four (4) Clubs developed directly from the Fargo Club, as members have graduated from the University, got a job, married, divorced etc and moved away. All of the clubs are in a 200 mile radius, and are closely associated in every Clubs events. The following clubs participated: Red River Judo-Fargo, Bismarck Gentle Ways Judo-Bismarck, Rough Rider Judo Club-Dickinson, MSUM Judo-Minnesota State University Moorehead-Moorehead, and St. Cloud Judo Club- St. Cloud.

The results of the extended Clinic were exciting and follow. Participants = 25. D level Coach

Applicants= 17, E level Assistant Instructors = 2, Promotion Recommendations = 12, Rank examiner = 1 New USJA Members = 4, USJA Renewals = 3. With the facilities available when we needed them, and with the assistance of Vern Borgen, these results were fully accomplished in 24 hours of activity. Thursday Night, 4 hours, Friday afternoon and evening, 6 Hours, Saturday all day, 10 hours, and Sunday morning, 4 Hours. Carol Borgen prepared a great Bar B Que dinner for all the participants Friday, and very little of it remained, when every one was full.

Charlie Robinson

Chu To Bu Judo Club

PRESENTS THE

14th ANNIVERSARY OF "THE ROCK & ROLL CAPITAL OF THE WORLD" JUDO TOURNAMENT

Saturday September 26th, 2009

Cloverleaf Recreation Center 8525 Friendsville Road Lodi, Ohio 44254 (330)-948-2300

3 Mats! Electronic Scoring! Concession Stand!

Featuring
Junior Competition & Senior Competition
Master Competition & Kata Competition

Trophies/Medals will be awarded for 1st, 2nd, & 3rd for Shiai and Kata competition

JOINT CLINIC WORKOUT

September 12, 2009 10:00 AM – 4:00 PM

Shoji Judo, Inc., Amery-Kan Judo, DAMAC, Farmington, Toledo Maumee, and Chu To Bu Judo Clubs are pleased to continue to invite you to our invitational joint clinic and workout. We have a series of mini-workshops taught by black belt clinicians, Kata, and Randori where we stop action and provide feedback.

Come join us for this fun clinic and workshop. Lunch provided as part of the fee. (Pizza & Drinks)

DATE: Saturday, September 12, 2009

TIME: 10:00 AM - 4:00 PM

LOCATION:

Findlay Family YMCA 1400 Manor Hill Road Findlay, Ohio 45840 Phone 419-422-9922

COST: \$15.00

9:30 - 10:00 Registration 10:00 - 10:15 Opening and orientation 10:15 – 10:30 Warm-up Basic 10:30 - 12:00 Youth Intermediate Ne Waza Ashiwaza 10:30 - 12:00 Adults Combination techniques and newaza

12:15-1:15 Lunch 1:15-2:15

Basic Refereeing: Penalties Practice refereeing and judging

2:15-3:45 Mini Training Shiai Kata

3:45 - 4:00 Closing

JUDO CAMP in PENNSYLVANIA

I am working very hard to get Kokushikai Judo Camp's inaugural year off to a great start and appreciate your help to get the word out. So many people helped me during my Olympic years and I want give back by producing a camp that is affordable, beautiful and welcomes all ages and levels to challenge themselves and enjoy judo year after year.

We also offer a youth scholarship for applicants between the ages of 9-22. (The application is online) http://kokushikai.com/2009kokushikaijudocamp.html

Sincerely, Celita Schutz

CLICK THIS LINK AND SUPPORT USJA MEMBERS TO INTERNATIONAL KATA TOURNAMENT http://bushidokai.net///special/world-cup team support

Heiko Rommelmann and a number of his team mates and judo club members have been selected to attend the IJF Kata World Cup[/Championships. USA JUDO doesn't fund this event no many of the other international events Heiko and his winning club members attend.

Please help support this effort financially. Kata is an extremely important part of judo and should be fully funded.

Jim Bregman
Olympic and World Dancer





BAJA JUDO 2009 TOURNAMENT

DATE: SUNDAY AUGUST 9, 2009

SITE:

OLYMPIC TRAINING CENTER CIRCUITO UNIVERSITARIO S/N BEHIND BAJA CALIFORNIA UNIVERSITY, MESA DE OTAY.

SCHEDULE OF EVENTS:

WEIGH-IN FROM 8.00 AM to 10.00 AM. COMPETITIONS BEGINS AT 10.30 AM.

ELIGIBILITY: COMPETITORS OF BAJA IS MANDATORY.

AWARDS:

1ST, 2ND 3RD PLACE GOLD, SILVERS BRONZE MEDALS WILL BE AWARDED FORD EACH DIVISION.

ENTRY FEE: \$ 20.00 DOLLARS CASH.

WEIGH-IN: ACCORDING AGE AND WEIGH.

SISTEM COMPETITION: DOUBLE ELIMINATION.

SPECTATOR FEE:

ADMISSION WILL BE \$10.00 PESOS MN

THE COMPETITORS AND COACHES WILL BE ADMITTED FREE.

HOST: BAJA JUDO ASSOCIATION.

TOURNAMENT:

DIRECTORS

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Sanctioned by: Mexican Judo Federation.

SANCTIONED BY: MEXICAN JUDO FEDERATION.



The dinner was sponsored by the United States Judo Federation (USJF) to honor Fukuda Sensei's recent 96th birthday. It was held in San Francisco and attended by over 50 judo leaders from across the country. Proceeds went towards the USJF's scholarship fund in her name. In the attached picture Gary Goltz, COO of the United States Judo Association (USJA) on the left presented an award from his organization. On the right is Neil Simon, USJF President.

Keiko Fukuda

From Wikipedia, the free encyclopedia

Keiko Fukuda (born April 12, 1913) is the highest-ranking female practitioner of judo in the world.

She was born in Tokyo, and began the practice of judo in 1935 at the age of 21. She was invited to study judo by Kano Jigoro, the founder of the martial art, because of his relationship with her grandfather, Fukuda

Hachinosuke, who had taught Tenjin Shiny ō -ry ū Jujutsu to Kano a number of years prior. Fukuda is the last living pupil of Dr Kano.

In 1973, Fukuda published Born for the Mat, an instructional book intended for women about the kata of kodokan judo. Fukuda currently holds a 9th degree black belt (9th dan) in judo. The United States Judo Federation awarded her a rare red belt in judo in 2001 for her lifelong contribution to the martial art [1]. In January 2006, at its annual Kagami Biraki New Years celebration, the Kodokan Judo Institute also awarded her the 9th degree black belt (9th dan). She is the only woman to ever hold this high a rank from any recognized judo organization.

In 2005, Fukuda published Ju-No-Kata: A Kodokan textbook, Revised and Expanded from Born for the Mat (Publisher: North Atlantic Books): A pictorial textbook for performing Ju no Kata, one of the seven Kodokan Kata.

She teaches at the Soko Joshi Judo Club in the Noe valley district of San Francisco where she also resides.

Fukuda also teaches at the annual Joshi Judo Camp, a camp she founded in 1974 to give women judoka an opportunity to train together.

- Awards and other achievements
 - * 1990 Recipient Emperor of Japan Distinguished Cultural Award
- * 1990 Recipient USJI Henry Stone Lifetime Contribution to American Judo Award
 - * Technical advisor for US Women's Judo
 - * Technical Advisor of USJI Kata Judges Certification Subcommittee
 - * National Kata Judge
- * Faculty Member USJI National Teachers' Institute Member USJF Promotion Committee, USJF & USJI Women's Subcommittee
 - * Graduate of Showa Women's University

References

- 1.http://www.tenguhouse.typepad.com/tengu_house/inspirations/
- * A Lifetime of Judo: Keiko Fukuda
 - * Keiko Fukuda Sensei
 - * Joshi Judo
 - * The History of Kodokan Judo
 - * Joshi Judo Camp
 - * Born for the Mat



• Katrina Davis, General Manager • Gary Goltz, Chief Operating Officer • Dr. Ann Maria DeMars,
President

We are pleased to announce starting May 1, 2009 Black Belt Magazine will offer an exclusive to USJA members for half off their subscription price along with a 20% discount code towards purchases of videos and books from their extensive on line martial arts catalog, shopblackbelt.com. Black Belt also plans to feature more articles on judo and a section devoted to the activities of the USJA!

Our new <u>USJA & Black Belt Magazine Membership Form</u> reflects the Black Belt Magazine subscription option. In addition to this exciting new benefit, the USJA is still the best value of all the national judo organizations as we include with your membership the following:

Free Liability Insurance: As soon as a club registers five or more members, it receives free liability insurance coverage. This insurance covers all club officials at the club practice sessions. It includes the coach, assistant coach, president, secretary and all other club officials.

Privileges of Making Nationally Recognized Promotions in Judo: USJA ranks are recognized nationally. Other ranks may not be recognized at the national level. The USJA issues a rank certificate and rank membership card to every individual promoted by the USJA. This is an important benefit.

The Right of Exclusive Sanctions for Judo Tournaments: USJA charted clubs can apply for exclusive sanctions for their tournaments and other events. Each year the USJA co hosts the widely attended Junior Nationals followed by the Winter Nationals, which is open, everyone!

Club Charter Certificates: Each USJA chartered club receives a beautiful certificate as soon as it registers five members or when it progresses to a higher charter level. There is a certificate for each level and all are issued free of charge. All USJA chartered clubs are recognized on our website <u>usja-judo.org</u> on a continuing basis via our highly efficient and up-to-date-database.

Family Memberships. The USJA offers a family membership plan as another way for a family to save money. If you have three or more members in the same family you qualify for a significant discount.

USJA Summer Camps. Each year the USJA sanctions a series of summer camps at many locations throughout the United States for both juniors and seniors. These camps feature certifications in all USJA certification areas, as well as promotion exams, competition techniques and fun for the entire family.

USJA Grassroots Clinics. As a USJA member, you will have an opportunity to attend clinics given by top coaches and competitors every year. These clinics give you an opportunity to meet, talk to, learn from, and practice with some of the best judo leaders throughout the country.

Coach, Rank Examiner, Kata, and Referee Certification. The USJA has developed and administers a comprehensive certification program in each of these areas. This means that you

will receive the best coaching and officiating possible as a USJA member in a USJA club, school, or competitive event.

Purchasing Power. The USJA currently has agreements in addition to Black Belt Magazine with Golden Tiger Martial Arts, Zebra Mats, and several other companies. These arrangements offer USJA club leaders and members significant discounts on gis, tatamis, and other equipment.

National Board or Directors. The USJA is a highly democratic organization that is responsive to the needs of our members. The USJA has a national board of directors who are elected by the senior membership. As a USJA senior member (18 years of age and older), you are eligible to run and vote for the leaders of your choice giving you the member a direct and clear voice at the national level.

Note: If you are already an active member and want to take advantage of the Black Belt Magazine offer please contact our office at 877-411-3409 or membership@usja-judo.org. We also encourage everyone to confirm with us that we have your up-to-date information on file.

9th Annual Denver Classic Judo Championships

\$500.00 cash awards for senior open divisions! \$150.00 cash awards for senior UF divisions!!

Featuring teams from Gabon and the Ballamas

Novice and advanced divisions for juniors, seniors, and masters!

October 24, 2009

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Using Sport Psychology to Enhance Motivation in Judo – The Case for Task-Involvement

Mike Buckle

Two growing concerns in the field of youth sport are that of retention and skill development. Many coaches wonder what the best method is to retain students while teaching the importance of effort, skill development, and competitiveness, all while maximizing enjoyment. For over 25 years, researchers worldwide have explored these questions and the results have provided surprising insights and recommendations for optimizing student motivation in sport settings.

Through socialization in sport settings, children develop dispositional motivational orientations. These orientations are fully developed around the age of 12⁽⁶⁾. The two primary achievement dispositions, **ego-orientation** and **task-orientation**, are differentiated in terms of the individual's underlying perceptions of success and perceived ability.

An **ego-oriented** person feels successful when they can do better than others, seeks strategies, whether appropriate or not (cheating), to win, and doesn't equate effort with success. If there is a chance they might lose and look incompetent, they tend to withdraw or give minimal effort. This inability to use effort often hinders skill development. If the ego-oriented person perceives their ability to be low, they can experience anxiety in the form of worry, disrupted concentration during competition, low engagement in challenging tasks, reduced effort, and ultimately a lack of persistence (dropout)^(3,6,8).

On the other hand, the *task-oriented* person feels successful and confident when they learn something that is fun or a skill that they have done correctly. They work hard to achieve self-improvement in skills or performance. Their feeling of success and competence is self-referenced. Therefore, the task-oriented person tends to be more intrinsically motivated, reports greater enjoyment in their activity, and is less likely to worry about making mistakes, or parental criticism. Over time, task-oriented people show greater persistency in sport involvement, seek challenging tasks, and give greater effort.

Sport settings created by significant others (Sensei, parents, coaches, peers) can influence motivational processes of participants. There are two types of motivational climates operating in sport settings, namely, task-involving and ego-involving climates. In Task-involving climates, leaders (Sensei, coaches) emphasize personal skill improvement, cooperative learning, and participants feel that each individual has an important role to fill. In this climate, winning is a by-product of hard work and teamwork. In Ego-involving climates, however, leaders encourage intra-team rivalries, doing better than others, give recognition only to the best performers, and punish players for making mistakes. Winning is emphasized and sometimes, at all costs.

Whether you work with developmental Judoka or elite competitive Judoka, the consensus of researchers in the field of motivation in sport settings is that task-involving climates are the most conducive to developing optimal motivation, enjoyment, skill mastery, and athlete retention ^(3,8).

A keynote for coaches and parents is that children naturally tend to be more task-oriented. Some of the highest rated reasons for youth involvement in sport are to have fun and learn skills ⁽⁹⁾. Task-involving climates have been shown to have a high correlation to enjoyment and positive skill development in individual sports like Judo ⁽¹⁾.

A common problem in youth sport is that children specialize in one sport too early and are thrust into highly ego-involving climates of competition and practice. This can be a barrier to learning new skills as they adopt ego oriented goals and spend more time in training phases than skill development phases. This approach also de-emphasizes the two most important reasons that youth join sports, as ego-involving climates are less likely to correlate with enjoyment or skill development. Competition can absolutely be fun and challenging for kids ⁽⁹⁾. If you are going to let children compete, I recommend stressing personal improvement, skill development, having fun, and giving positive feedback after performances. This will likely enhance their enjoyment, skill level, and intrinsic interest to stay involved in Judo.

It should also be noted that as Judoka climb the competitive ladder and move into the elite ranks, training environments (national training centers) naturally degrade from task-involving to ego-involving. This is understandable as there are certain aspects of ego-involvement that are helpful at the highest competitive levels, such as placing a high value on winning. Therefore, it is recommended that elite coaches make a strong effort to simultaneously create task-involving climates to buffer any possible detrimental effects of ego-involving climates. This strategy can improve your athletes' desire to persist and help reduce stress during the challenging training phases they will encounter ^(5,7).

In a recent study of highly competitive elite French Judoka ⁽⁵⁾, researchers examined the differences between those that persisted in national training cites from those that dropped out in terms of their perceptions of motivational climates. Not surprisingly, dropouts perceived the roles of parents, peers, and coaches as less task-involving and were less task-oriented. Over two years, the athletes that stayed perceived that the coach, parent, peer-induced task-involving climate decreased. Importantly, the perceptions of a coach-induced ego-involving climate and the intentions to dropout increased. Results indicated that a high ego-involving climate was not necessarily detrimental to motivation as long as task-involving climates were simultaneously sustained.

Strategies for Creating a Task-Involving Climate in Your Dojo

Creating a task-involving climate is simply a matter of consistently employing the appropriate structures within your classes. An easy acronym that will help you remember what structures to implement is TARGET ^(2,4), which stands for Task, Authority, Recognition, Grouping, Evaluation, and Time.

Task

- Provide a variety of challenging, interesting activities / tasks in every lesson.
- Provide various levels of difficulty and allow students to practice at their level.
- Teach students to set specific short-term goals and allow time to work on them.

<u>Authority</u>

- Allow students to take part in the decision making process during class, such as what games to play, how many rounds of randori, or what drills to perform and for how long.
- Teach students how to lead exercises and skills drills. Allow peer coaching / teaching. Teach students how to referee matches.

Recognition

- Give private recognition to all students emphasizing personal improvement.
- Praise high effort and participation in all of the activities.

Grouping

- Encourage the students to practice in small groups or skill stations.
- Emphasize cooperative learning through group challenges or problem solving.
- Encourage mixed-ability groups or pairs during randori.

Evaluation

- Evaluation should be based on participation, self-improvement, achieving personal goals, and giving effort.
- Teach students to self-evaluate using personal records, goal plans, or journals.

Time

- Allow students to develop at different rates by providing sufficient time before moving on to the next stage of skill development.
- Spend equal time with ALL athletes.
- Assist athletes in establishing training and competition schedules.

Creating a task-involving climate in your dojo can help you retain students, enhance enjoyment, develop good Judo, and increase overall performance.

Don't feel like you have to do it alone. There are certified sport psychologists and consultants all over the nation that can help you implement your TARGET program to maximize your dojo's performance. If you would like more information on finding a sport psychologist in your area, or learn more about the field of sport psychology, please feel free to contact me at: Mike Buckle: mbuckle@sbcglobal.net, or consider the following websites:

http://appliedsportpsych.org/

http://www.apa47.org/

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About the Author

Mike Buckle is a Police Sergeant with the San Mateo Police Department and former Executive Director of the San Mateo PAL. For the last 11 years, Mike has served as the head instructor of the San Mateo PAL Judo Club. Currently, Mike is a Yodan, holds a Bachelor of Arts degree in Psychology and is seeking a Master of Science degree in Sport Psychology at San Francisco State University. Mike's future goal is to pursue a Doctorate degree in Counseling Psychology and certification as a sport psychologist.

Coach Certification and Judo Clinics Held In Arkansas

July 11 & 12, 2009

Ed Thibedeau, Chief Instructor Arkansas Goshinkan, USJA Regional Coordinator

On Saturday, July 11th we were afforded the opportunity to have Dr. AnnMaria DeMars in Little Rock, AR to conduct a coach certification clinic. Arkansas Goshinkan was host for both clinics. We had 11 participants, representing four judo clubs from around Arkansas. Six people were certified or recertified as coaches. In addition to the coach certifications, two people were recommended for approval as coach certification course instructors.



The clinic was well rounded in the material covered; ethics, age appropriate instruction techniques, coaching girls and women, newaza combinations, transitions from nage waza to newaza,

On Sunday AnnMaria had a late flight out of Little Rock so she agreed to do an afternoon clinic for the kids. Good thing she had a red & white belt on, otherwise we would have lost here in the horde of little ones. She tried to convince the kids she was a grandma, but it didn't look like they bought into it after doing one on one judo with her.



Your going to the mat



As I said



Dominant females were the order of the day